

Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2021 – May 2021 No. 5 Next Meeting – To be Announced A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV) The Public is always welcome

Randolph Roadrunners Volkssport Club A Walking Club Established 1980 PO Box 2744 Universal City, TX 78148-1744 Elected Officers President:

President:		
Ellen Ott	210-723-8574	
Vice President:		
John Ives	jbives@texas.net	
Treasurer:		
Pat Gunter	210-479-0805	
Secretary:		
Jill Troyer	830-237-6230	
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Broadway Daily Bre	гаа & Leon Creeк 210-723-8574	
Ellen Ott	210-723-8574	
V	Commentation Entertaint	
	Crownridge, Friedrich	
Park, Eisenhower P		
Susan Medlin	210-325-3523	
V	C - L	
Year-round Events:	-	
Caryl Swann	210-842-4128	
	Website	
www.randolphroad		
	Website	
www.ava.org		
TVA Website		
www.walktexas.org		
TVA President-Deputy SW Region		
Susan Medlin 210-325-3523		
sueammed@aol.com	<u>n</u>	
1		

Renewal Time

The following membership renewals are currently due: Lisa DeLuna, Laura Burress, Clare Vail, Sandra Machuca, Ian McCollum, Steve & Rita Anderson, Donna & Steve Crary, Beverly Ferreira, Linda & James Gavin, Denise Lasater, Ruth & Gabby McLain, Stephanie Porter, Connie & Jim Tree, Phyllis Wiggins, Sharon Winston, the Ellison Family and Brenda Dever-Armstrong. To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148. **Remember:** Lifetime Memberships are available for \$30 per person.

Welcome New Members!

Dripping Springs Ed McCabe Victoria Welan San Antonio San Antonio Vivian Holder Sonia Hogeland Hondo Herlinda Zamora San Antonio Glen Salazar San Antonio Samantha Durgin San Antonio Josh Inguanzo San Antonio Marco Munoz San Antonio Rose Scott Atascosa Mary& Chuck Japhet San Antonio



RR Club Meetings: We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive,

Universal City, TX 78148. No in-

person meetings until further notice.

May, 2021 National Physical Fitness & Sports Month



Patch design courtesy of Dorman Batson Northwest Region

From the Desk of the Pres--First quarter 2021 YRE participation report:

Boerne town	9
Boerne cemetery	8
Boerne nature center	2
Eisenhower Park	15
Leon Creek walk	13
Leon Creek bike	4
Salado at 1604	20
CrownRidge	38
Friedrich Park	7

The following RR events are scheduled for 2021:

Beethoven/King William
•
Taco Cabana – U City
Taco Cabana - StoneOak
Gonzales
New-at Marquis Trail
head
Southside Lions Park new
5km route
Boerne Christmas walk

Our next Roadrunner event is 21 May at the Beethoven Mannerchor for the May Fest. The Start window is 3:30 pm to 6 pm. Workers are needed for: registration, finish, and at one check point. A new traditional event for 9 October will start at the Marquis Trail Head at 17009 W. I-10 off the access road just before the I-10 exit to the Rim. By that time, the trail from the Rim to Eisenhower Park may be finished. A 5km route has already been made.

We are waiting for approval from the StarBucks on Blanco Road by Wurzbach Parkway for a new seasonal event that would go through Hardberger Park to the Land bridge.

The paper work that is required by the City of Boerne for the Christmas walk on 11 December has been submitted and Luther Hall has been reserved for the walk event.

The AVA convention is 29 June to 2 July in Madison, WI. Information on the convention can be found on the AVA web page. The Roadrunners will donate \$100 worth of gift cards for the silent auction.

I'd like to give a special thank you to John Ives for all his work at the new AVA headquarters. He has been the yard man, the indoor handy man and does whatever else is needed. Pat Gunter also has been a regular volunteer on a weekly basis doing what is needed. All your efforts are most appreciated!

If anyone has any questions or comments or can help out and work a shift at the Beethoven event, please email me at ellenott@sbcglobal.net

Ellen Ott, President RRVC



EXECUTIVE DIRECTOR'S UPDATE - HENRY ROSALES NATIONAL OFFICE OPEN HOUSE

AND PRESS CONFERENCE The launch and open house of the National Office in San Antonio, Texas was very successful and well attended with over 85 people in attendance throughout the day to include the local councilperson and representative from the San Antonio Chamber of Commerce. Sixty-two people signed up for the walk!



The event was covered by KSAT-12 (ABC) news, KTSA radio, Texas Public Radio, the San Antonio Report and Lavaca and Friends local newspaper.

To all volunteers, club officers, and club members who contributed countless hours, we much appreciate your efforts and attribute the success to your support! Thank you to John Ives and Ellen Ott.

Special thanks to Southwest Regional Deputy, Director Susan Medlin for creating the walk route and Vice President, Nancy Wittenberg, Pacific Regional Director, Carl Cordes and Southwest Regional Director, Sammy Hunnicutt for attending the event.

PROGRAMS COMMITTEE - TIM MINER, CHAIR

Online Monthly Meetings The April webinar to be held on Wednesday, April 21, 2021, at 8 pm EDT, is for all AVA members and walkers. We will discuss some of the successes and partnerships with this month's National Walking Week.

Also, learn about plans for the 2022 Special Programs and get more details on the National Conference in Wisconsin in July. All this and more with your favorite walking friends. Registration is required at:

You are invited to a **Zoom** meeting. When: Apr 21, 2021 08:00 PM Eastern Time (US and Canada) Register in advance for this meeting: https://us02web.zoom.us/meeting/regi ster/tZIud-

qgrj4rEtIxtF6ifi6DrkFpUbMJFxcd

After registering, you will receive a confirmation email containing information about joining the meeting.



Convention Committee Jerry Wilson - Chair

2021Convention Odds and Ends The following is in no particular order. Enjoy! We are looking forward to seeing you at the 2021 AVA Biennial Convention in the Midwest! If you haven't registered for the 2021 AVA Biennial Convention but plan to, do it soon. We still have some decision points coming up that will be affected by projected convention attendees preregistered. Do it now! See you in Madison in June.

Pre-convention Event Start Point in Green Bay Wisconsin, Monday, June **28:** There will be a change to the StartPoint, including the directions to vehicle parking. The original start point has been closed for months due to Covid-19 concerns and on March 29, our Dairyland Walkers Trailmaster was informed the old location will remain closed until August. So, we are moving across the river to an incredible historic location, also with parking and indoor restrooms. Hint: In the entry area participants will see music memorabilia dating back to 1959. "I envy walkers and bike riders that will do the event on the "Main Date" of June 28 to be able to enter the Riverside Ballroom. "This is an exciting addition!" Jerry Wilson, signed "an out of luck pre-walker."

Pre-convention Bike Event in Sparta Wisconsin, Tuesday, June 29: The bike route takes riders along the Elroy-Sparta Bike Trail, a great route. Tom Jackson wants riders to be prepared: "There is a Facebook page for the Rails to Trails which had a recent post about the Elroy-Sparta Trail that will be used for the Sparta Pre-Convention Bike Event. The post mentioned that there were three tunnels on the trail and based on their length (two at 1600 feet and one at 3800 feet), I am guessing that bicyclists need to use a light when going through the tunnels." I agree, I have been told riders are cautioned to have a bike light or at least a flashlight along.



2021 Starting Point books are still available for sale at a price of \$25.00 plus \$7.00 for Shipping and Handling. You may place an order for a book by e-mailing Marian at: marian@ava.org, or by mailing a check

to AVA, 1008 S. Alamo St., San Antonio,TX 78210.



36th Annual Spring Volksmarch - June 5 and June 6, 2021 -----Or 9th Annual Fall Volksmarch - September 26, 2021

Scale the heights of the Black Hills and stand face-to-face with Lakota warrior, Crazy Horse, on June 5 & 6, and September 26. The semi-annual Volksmarch is an unforgettable 6.2 (10K) mile, round-trip Hike from the Welcome Center to the Arm of Crazy Horse and down. The annual Volksmarch weekends are always exciting events attracting visitors from around the world. Visit in June, when the Black Hills come alive with new growth and activities or the fall, as colors change and the Hills take on a golden glow. Also, Fall visitors attend the famous Buffalo Roundup in Custer State Park, an annual event held on the same weekend as the Hike. See history in-the-making as you scale one of the wonders of the world. Make plans to experience this epic Hike on June 5 & 6, and September 26.

Registration: Registration for the Volksmarch occurs the day of the Hike. Registration tables are located in the parking lot west of the Welcome Center, near the starting line. Cost: Admission to the Memorial for hikers is discounted to \$10/one person, \$15/two people, and \$20/three or more people. Additionally, hikers pay \$3 to the Volkssport Association upon registration (cash or check). Non-hikers visiting the Memorial pay regular admission rates. Parking is free, with complimentary shuttle service to and from outer parking lots. Hikers are encouraged to bring 3 cans of food as a charitable donation to local food drives. Donations of food are not a substitute for the admission fee to the Memorial or fee to the Volkssport Association.

Time: Gates to the Memorial open at 6AM. Registration is from 7AM-1PM. The Hike begins at 8AM and hikers must be off the trail by 4PM. The complex and Laughing Water Restaurant® open at 6AM.

Rules: NO PETS allowed on trail. Due to the rocky terrain no strollers or wheelchairs are permitted. Social distancing is encouraged. Notes: The trail rises 500 feet and can be rugged with some steep inclines. The elevation is 6,532 feet. There are 4 checkpoints along the route with portable restrooms. Sturdy footwear is recommended. Plan on 2-4 hours round-trip. The Hike can be canceled due to poor weather conditions.

12-10

Texas Traditional & Special Events - May, 2021: (check the AVA website for any changes or cancellations)

5/1/2021 - 5/1/2021 - Walk **Event Number:** 118779 10/6k **Start:** Parking lot at 809 Oblate Dr., San Antonio, Texas, 78216. **Event City:** San Antonio - Shearer Hills/Ridgeview Historic Neighborhood **Host Club:** San Antonio Pathfinders **More Details:** <u>Click here for directions,</u> <u>ratings, etc.</u>

Write for more information to: 370 Maplewood Lane San Antonio, Tx 78216 Contact: Andy Thomas, (210) 219-0853 E-Mail:athomas70@gmail.com

5/8/2021 - 5/8/2021 - Walk Event Number: 118859 5K/10K Start: Joshua Springs Park and Preserve Event City: Comfort - Joshua Springs Park Walk Host Club: Hill Country Volkssportverein More Details: <u>Click here for directions,</u> ratings, etc. Write for more information to: P O Box 822 Comfort, TX 78013 Contact: John Bohnert, (830) 496-1746



5/21/2021 - 5/21/2021 - Walk Event Number: 118861 5k/10kStart: Beethoven Mannerchor und Garten Event City: San Antonio - Maifest Host Club: Randolph Roadrunners **Event Website:** randolphroadrunners.info More Details: Click here for directions, ratings, etc. Write for more information to: 11906 Pepperidge Cove San Antonio, Tx 78213 Contact: Ellen Ott, (210) 723-8574 E-Mail:ellenott@sbcglobal.net **Club Website:** www.randolphroadrunners.info



So. TX Medical Center Indie Memorial Walk 3/6/21



Selama Pathfinder workers at the walk registration – Martha's Restaurant.



Martin Callahan next to the memorial poster for his beloved canine walking partner, Indie, who passed away on 2 July 2015. The South Texas Medical Center YRE Walk was named in honor of Martin's dog, Indie.

RANDOLPH ROADRUNNERS PO Box 2744

Universal City TX 78148-1744



Along the walk trail at the sculpture of WW2 Medal of Honor recipient, Audie Murphy and the VA Hospital named in his honor.

*All Walk Photos Courtesy of Martin Callahan



Gayle Weinraub and Rudy stop for a picture in front of the sculpture titled Wings of Hope-Hands of Healing by Kent Ullberg along the trail through the grounds of the Mays Cancer Center.

		RANDOLPH ROADRUNNERS APPLICATION PO Box 2744, Universal City TX 78148-1744
Please check applicable box (es): □ Renewal	New Member	□ Family member(s) included (see instructions below) DATE
Name		NEW MEMBER FEE: \$4.00 for 1 \$10.00 for three years
Address		This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.
City State	Zip code	RENEWAL FEE: \$4.00 for one year \$10.00 for three years This renewal fee includes each family member who paid \$2.00 with the original application.
Telephone number		
E-mail address		Lifetime membership for (1) one person is available for a \$30 fee.
Family members		AVA Volkssport Associate
Amount submitted \$		1