



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2024 – April, 2024 No. 4

Next Meeting – 4/10/2024

A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744**

Universal City, TX 78148-1744

Elected Officers

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Suzanne Markgraf 210-710-4842

Publicity:

Susan Alton daxkitten@aol.com

SALES: - OPEN-

Webmaster:

Randy Baker Randy826@gmail.com

Newsletter:

Audrey Vertucci – AudreyVe@gmail.com
210-861-5588

Year-round Events: Boerne

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller paheller001@gmail.com

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Susan Medlin

Renewal Time

The following membership renewals are currently due:

February 1: Connie & Jim Tree, Jose Jimenez, Cassie White, Jen Ruiz and Ginah Vrooman.

March 1: Wayne Cume.

April 1: Jacqueline Lytle, Kathy Guzman, Debra Frazier and Patsy Lozano.

To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. Lifetime Memberships are available for \$30 per person.

Welcome New Member!

Connie Valverde San Antonio

The next RR club meeting will be held April 10 at 6:30 p.m.

Meetings are held the 2nd Wednesday of every month at the Universal City Public Library, 100 Northview Drive, Universal City, TX 78148.

happy
Spring From the

Desk of the Pres--

First Friday: The First Friday walk is held each month starting at the AVA headquarters, 1008 S. Alamo Street, San Antonio, TX 78210. **Friday, April 5, 2024 is the next scheduled free 5K walk.** 3:00 to 7:00 p.m. register for the walk. *Questions? Call Ellen 210-723-8574*



Sneakers/Tennis shoe

fundraiser: Ellen is still collecting gently used sneakers or tennis shoes for

the AVA fundraiser Big Give. Bring to any RR meeting or walk event.



Don't forget Medal

Mania! Ellen is collecting medals for the King William Fair sale on April 27 this year – 210-723-8574.

Woodlawn Lake/OST walk

“Thank you” to the 55 walkers who attended the Woodlawn Lake/OST on a beautiful Saturday morning. We couldn't have had a successful walk without our volunteer workers: John Ives, Mike Hermes, Pat Gunter, Louise Menchaca, Herb Laing, Michael Marke and Laurie Stitler. “Thank you” to each of you!

40th ANNIVERSARY!

On the 40th anniversary this spring of me volksmarching, I would like to give a shout out to two local volkssporters who were on that trek with me in Northern Virginia: Linda Goodman, a Texas Wanderer and Herb Laing, a Randolph Roadrunner.

I couldn't wait to finish the 10k's.... there were no 5k's back then! I would only buy an event book. There was no way I was going to buy a distance book. I thought folks who kept distance records were a little crazy! (I was that person.)

After a year in Germany, I bought my first distance book. It seemed every weekend after that first walking adventure the three of us were back on the trail with Annie O'Sullivan who got us into this fine sport.

I have a fond memory of going to Lebanon, PA to do a walk with the Bologna Stompers. Such a cute name!! Then there was the walk where Linda scraped her knee and some girl scouts on the trail couldn't believe we didn't have a first aid kit.

When I look back, I don't know what life would be like if I didn't have walking in my life. It has been a wonderful life experience for all of the 3,000 events I have recently completed, and for the friends I have made especially my forever volksmarch buddies, Linda and Herb.

Ellen



NATIONAL WALKING WEEK EVENTS April 1 – 7, 2024

Walks Sponsor: Randolph Roadrunners

Walk Week Schedule:

1 April Monday- Fredericksburg

YRE -registration at Kinder Hallé next to the playground - (the closest intersection is Austin and Crocket) start 8 a.m. to 2 p.m.

2 April Tuesday — Boerne YRE –

Registration at Comfort Inn, 35000 IH-10W, Boerne, TX 78006 start 8 a.m. to 11 a.m.

3 April Wednesday - Friedrich Park

YRE – Registration, stamp and directions at start 8 a.m. to 11 a.m.

4 April Thursday — Salado &- 1604

YRE – Registration, stamp and directions at the start 8 a.m. to 11 a.m. SAS shoe factory tour is at 2 p.m. – limited to the first 8 people only who reserve with Ellen.

5 April Friday — Eisenhower Park

YRE – Registration, stamp and directions at the start 8 a.m. to 11 a.m. **Changed from Hardberger Park due to construction on the Landbridge.**

6 April Saturday — Japanese Tea

Garden - (Traditional walk) see AVA website for details.

7 April Sunday — Wild Card! – (you may want to sleep in!)



8 April Monday – Start 10:30 to 1:30. The RR's will host a traditional walk event on the eclipse day, starting at the Marquis Trail Head. Eclipse glasses will be available for purchase at the walk as supplies last. Eclipse is expected to begin at 11:14 a.m., total eclipse 12:34-12:35, end 1:55 p.m.

POC: Ellen Ott, (210) 723-8574; email: ellenott@sbcglobal.net - Event website: www.randolphroadrunners.info.



Make Plans to Join Us in San Antonio, Saturday, April 27, 2024, For the King William Parade! Please call the AVA office at 210-659-2112 to register if you want to walk in the King William Fair parade or you can RSVP by emailing henry@ava.org with your name and the number of participants in your group. Please put King William Parade in the subject line.

Children and grandchildren are welcome to participate with you. Parade participants are limited to the first thirty individuals who RSVP.

This event draws over 30,000 national and international participants. Parade participants will walk approximately three miles carrying an IVV or IML banner. What a terrific way to market the AVA and our Clubs!

We will have a special stamp for those walking in the parade. This is a sanctioned walk and there will be no other traditional events on this date.



TEXAS VOLKSSPORT ASSOCIATION 2024 VOLKSSPORTING CLUBS OF SOUTHWEST TEXAS CALENDAR

Note: This is **NOT** an official document. Always verify events/dates on.ava.org or with the applicable club.

April:

NATIONAL WALK WEEK

MON/01 –Fredericksburg, Marktplatz, Walker's Choice, 3 YREs
TUE/02 –RRR, Boerne, Comfort Inn, 3 YREs
WED/03 –RRR, Friedrich Wilderness Park
THU/04 –RRR, Salado Creek at 1604
FRI/05 - RRR, Eisenhower Park
SAT/06 –TTR, Japanese Tea Garden (T)
SUN/07 OPEN
MON/08 –*Eclipse*, RRR, Trail @ the Rim
WED/10-MON/15 –ETT, *New Mexico Walking event*
SAT/13 – SAP, Tour de Castroville
SAT/20 – TXW, Salado Creek Greenway (Y)
SAT/27 – AVA, King William Fair Parade, Medal Mania

May:

SAT/04 – NBW, Walk Veramendi
FRI/10-SUN/12 – SAP, Trip to Coast, Rockport, Port Aransas, Corpus Christi (Y)
SUN/12 – Palo Duro Canyon
FRI/17 – RRR, Beethoven
SAT/18 – TXW, Brook Hollow (Y)
SAT/18 – Dallas Trekkers, Coppell – Grapevine Springs Park
SAT/25– HCV, Joshua Springs Park

Club Abbreviations

ETT - East Texas Trekkers
HCV – Hill Country Volkssportverein
RRR – Randolph Roadrunners
SAP – San Antonio Pathfinders
TTR – Texas Trail Roundup
TXW – Texas Wanderers
VVF – Volkssportverein Friedrichsburg



Traditional Events for April 2024: (Please check the AVA website for any changes or cancellations)

4/6/24 – 4/6/24 – Walk
Event Number: 126857

Event City: Japanese Tea Garden,
San Antonio, TX

Host Club: Texas Trail Roundup

Start table open: 8:30 am to 10:30 am,
Finish by 1:30 pm.

More Details: share link:

<https://my.ava.org/event.view.php?sn=126857>

Event Website: texastrailroundup.org

4/8/2024 - 4/8/2024 - Walk

Event Number: 126778

Event City: Marquis Trailhead - Total
Eclipse Walk

Host Club: Randolph Roadrunners

More Details: [Click here for directions, ratings, etc.](#)

Club Website:

www.randolphroadrunners.info

4/8/2024 - 4/8/2024 - Walk

Event Number: 126734

Event City: Cedar Hill - Cedar Hill
State Park

Host Club: Dallas Trekkers, Inc.

More Details: [Click here for directions, ratings, etc.](#)

Club Website: www.dallastrekkers.org

4/13/2024 - 4/13/2024 - Walk

Event Number: 126608

Event City: Castroville - 13th Annual
Tour de Castroville

Host Club: San Antonio Pathfinders

More Details: [Click here for directions, ratings, etc.](#)



AVA Fundraising Bus Tour to The Volksmarch at Crazy Horse Memorial May 30 – June 3, 2024

The AVA National Office is organizing a fundraising bus tour to the Crazy Horse Memorial Volksmarch, May 30 – June 3, 2024. The tour bus will leave San Antonio early morning on Thursday, May 30, 2024, with an overnight stop in Colorado Springs on the way out and back from Rapid City, SD. The tour bus will return to San

Antonio late evening on Monday, June 3, 2024.

The cost is \$995.00 per person. This includes four hotel nights with breakfast and 3 AVA sanctioned walks to include the Crazy Horse Memorial walk. Space is limited to the first forty registrants. A small non - refundable deposit is required to reserve your seat.

Trip Details: Destination: Rapid City, South Dakota to attend the Crazy Horse Memorial hike on June 1, 2024.

Departure: The bus will depart from a designated area in San Antonio, Texas to Rapid City, South Dakota the morning of May 30 and arrive in Rapid City, South Dakota, the afternoon of May 31. The bus will make an overnight stop in Colorado Springs, CO on May 30.

Return: The bus will return from Rapid City, South Dakota to San Antonio, on June 2 and arrive in San Antonio late evening June 3. The bus will make an overnight stop in Colorado Springs, CO on June 2.

Hotels: Included in the cost are two nights' stay at the Hilton Garden Hotel in Colorado Springs and two nights' stay at the Quality Inn in Rapid City. Breakfast is included.

Lunch: A box lunch is included in the cost for the departure trip. Refreshments will be provided on the bus. Guests are responsible for all meals other than breakfast as the hotels.

Walks: The bus tour includes the fee for 3 AVA sanctioned walks. Please bring a couple of nonperishable canned goods to pay for the entry fee to the Crazy Horse Memorial hike.

Cost: The total cost of the trip is \$995.00 per person for single occupancy and \$743.00 per person for double occupancy. If you are sharing a room with 3 or more people refer to the linked registration form for pricing. The cost includes transportation, room charges, breakfast at the hotels, 1 box lunch on the departing trip to Colorado Springs.

A deposit of 25% of the total cost is required to reserve your seat. The balance of the registration fee is due by May 1st, 2024. Beginning May 1st, registrants must pay for the trip in full. Cancellations before May 1st will receive a full refund minus \$50 service fee. No refunds will be given after May 1st, 2024.

The American Volkssport Association (AVA) reserves the right to cancel this fundraising trip due to not enough participation. Should the AVA cancel the trip, fees will be 100% refunded.

Follow this link for the registration form:

[Crazy Horse Bus Tour Registration Form 2.5.2024.pdf \(ava.org\)](#)

Buda Old and New Walk 17 February 2024



Volkssporters and workers at the start for the Colorado River Walkers in Buda, Texas.



Dee Repp wearing her family heirloom jacket decorated with vintage Volksmarch patches from Germany.



Sheri Logan and Siba Spencer on the walk trail.

