



Volume 2023 – May, 2023 No. 5

Next Meeting – 5/10/23

A member of the American Volkssport  
Association (AVA) & the International  
Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners  
Volkssport Club  
A Walking Club Established 1980  
PO Box 2744**

**Universal City, TX 78148-1744**

*Elected Officers*

**President:**

Ellen Ott 210-723-8574

**Vice President:**

John Ives [jbives@texas.net](mailto:jbives@texas.net)

**Treasurer:**

Pat Gunter 210-479-0805

**Secretary:**

Jill Troyer 830-237-6230

*Committee Chairs*

**Membership:**

Suzanne Markgraf 210-710-4842

**Publicity:**

Susan Alton [daxkitten@aol.com](mailto:daxkitten@aol.com)

**SALES: - OPEN-**

**Webmaster:**

Randy Baker [Randy826@gmail.com](mailto:Randy826@gmail.com)

**Newsletter:**

Audrey Vertucci – [AudreyVe@aol.com](mailto:AudreyVe@aol.com)  
210-861-5588

**Year-round Events: Boerne**

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,  
Broadway Daily Bread, Leon Creek,  
Salado-1604, Land Bridge at Hardberger  
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

**Year-round Events: Eisenhower Park**

Susan Medlin 210-325-3523

**Year-round Events: Schertz**

Patricia Heller [paheller001@gmail.com](mailto:paheller001@gmail.com)

**Club Website:**

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

**AVA Website:** [www.ava.org](http://www.ava.org)

**TVA Website:** [www.walktexas.org](http://www.walktexas.org)

**TVA President:** Dave Roberts

**Deputy SW Region:** Andy Thomas

**SWRD:** Helen Hull

## Renewal Time

The following membership renewals are currently due:

**January 1: Melanie Grizzel**

**February 1: John Debner, Susan & John Ives.**

**June 1:** Janice Connor, Hermina & Byron Simpson, Ben & Susan Ennis, Darlene & James Copeland and Steven Stechschulte.

To renew your RR membership, fill out the attached application or print it off our website:

[www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info) and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. Lifetime Memberships are available for \$30 per person.



## Welcome New Walkers!

Karen & Wayne Currie San Antonio

## The next RR club meeting will be held May 10 at 6:30 p.m.

Meetings are held the 2<sup>nd</sup> Wednesday of every month. Location will be announced.

## From the Desk of the Pres--

**First Friday:** The First Friday walk is held each month starting at the AVA headquarters, 1008 S. Alamo Street, San Antonio, TX 78210 starting any time from 5 p.m. to 7 p.m. The walk this month will be May 5 in King William district for a free stamp.

For any club member who is interested in attending, the AVA's general business meeting will take place on the evening of 14 June from 5 to 8 p.m. remotely on Zoom. Please plan to be at the library by 4:50 pm to log onto zoom. This meeting is the one that's

usually held during the AVA's biannual convention which normally would be in June. However, with the Olympiad, that meeting, which is required by the AVA bylaws, will be in June via zoom. If you have a lap top and plan to be at the zoom meeting please, let me know so I can make certain you can get onto the site.

Ellen 210-723-8574 🌟

## Upcoming RR events:



## Maifest:

**Friday, May 19<sup>th</sup>** at 3:30 p.m. to 6 p.m. at the Beethoven Mannerchor Halle on 422 Pereida St., SAT. The walk fee includes admission to the Beergarten.



## Taco Cabana Sunrise walks this summer:

**July 8** – 19231 Stone Oak Pkwy., San Antonio, 6:15 to 8:15 a.m.

**August 12** – 1533 Pat Booker Rd., Universal City, 6:30 to 8:30 a.m.

**September 23** – Panther Springs Park, info to follow

**November 24** – Black Friday-Opt out walk at Southside Lion's Park with a hotdog lunch.

**December 9** – Boerne Christmas walk – Free pancake and sausage breakfast.

**December 3** – The suggested 2023 Volkssport Christmas party will be at same location - 3630 Hunters Circle, San Antonio, 78230. From 4 p.m. to 8 p.m. All local clubs are invited. More info to follow.



### Tales from the Trails The New Orleans OST

By Louise Menchaca

I spent 3 nights in jail, in Cell Block A, on the Old Spanish Trail in New Orleans, LA!

Inn at the Old Jail, 2552 St. Phillip St., is an award-collecting modern guest house built into a national historic landmark in Tremé, New Orleans, LA. Originally a home to a New Orleans Police Department jail and patrol station, then a library and community center and finally, and before reconstruction, the abandoned ruins of Hurricane Katrina.



Built in 1902 as an overnight lockup for neighborhood delinquents and now restored into a boutique with nine comfortably furnished spacious upstairs bedroom cells and several common areas with timely furniture which takes you back to the era of yesteryear. Not only were we given the opportunity to enjoy the beauty and history of New Orleans but we also enjoyed and walked The Garden District and The famous French Quarter. The Garden District was adorned with Mardi Gras colorful jewelry and beads that decorated trees and shrubs all along the route. Beautiful historic homes and manicured luxurious gardens told stories of rich ancestry.

A walk that will always live vividly in my imagination along a piece of the historic Old Spanish Trail.

~Louise Menchaca



### Texas Traditional & Featured YRE Events for May, 2023:

(Please check the AVA website for any changes or cancellations)

5/6/2023 - 5/6/2023 - Walk

**Event Number:** 124183

**Start:** Oblate School of Theology, 285 Oblate Dr., San Antonio, Tx 78216

**Event City:** San Antonio - Oblate School of Theology

**Host Club:** San Antonio Pathfinders

**More Details:** [Click here for directions, ratings, etc.](#)

5/13/2023 - 5/13/2023 - Walk

**Event Number:** 124276

**Event City:** Dallas - Swiss Avenue

**Host Club:** Dallas Trekkers, Inc.

**More Details:** [Click here for directions, ratings, etc.](#)

**Club Website:** [www.dallastrekkers.org](http://www.dallastrekkers.org)

5/13/2023 - 5/13/2023 - Walk

**Event Number:** 124320 - Miramar

**Start:** 1900 N. Meyer Rd. Seabrook,

**Event City:** Seabrook, TX

**Host Club:** Houston Happy Hikers

**Website:**

[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

<https://my.ava.org/event-view.php?sn=124320>



5/19/2023 - 5/19/2023 - Walk

**Event Number:** 124237 - Mai Fest

**Start:** 422 Pereida, San Antonio

**Event City:** San Antonio - Mai Fest

**Host Club:** Randolph Roadrunners

**More Details:** [Click here for directions, ratings, etc.](#)

**Club Website:**

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

5/20/2023 - 5/20/2023 - Walk

Brook Hollow Neighborhood Walk

Event Number: YRE 122433 - 2023 / Y1659

Start: San Pedro Ave. at Brook Hollow shopping center.

Host Club: Texas Wanderers

<https://my.ava.org/event-view.php?sn=122433>

Event website:

[www.walktx.org/TexasWanderers](http://www.walktx.org/TexasWanderers)



### IVV Olympiad Volunteers – Susan Pinneke, Chair Thank you Olympiad Volunteers!

I wanted to say thank you to all those who stepped up and volunteered to help make the 2023 IVV Olympiad and Texas Trail Round-UP IML awesome events.

Over 200 of you signed up to help. You got up early to help start walkers, passed out snacks & water at check points, answered questions, marked trails, stamped books, counted laps and sold shirts. You did the jobs that made the event go! You signed up, came on time, smiled and made sure all our visitors had a wonderful experience. You were flexible and generous with your time. You made my job easy!! Many, many thanks!



Our Ellen Ott working the AVA office at the Margarita & Taco Trail Walk.



### Support Our National And International Friends WalkFest Vancouver - September 22-24, 2023

**Registration is now open**

The Vancouver Venturers are pleased to welcome you to WalkFest 2023 in beautiful Vancouver, BC. Enjoy a weekend of walks that showcases the spectacular natural beauty of the area as well as the historical areas of Stanley

Park, Gastown, Chinatown and the West End. An optional 3-hour harbour cruise and banquet will take you under the Lions Gate and Burrard bridges into False Creek passing Granville Island, Roger's Arena and the iconic Science World building. Come early or stay late, and start planning your visit to Vancouver in September.



## West Texas Trail Walkers

### ***Palo Duro Canyon State Park - October 6-8, 2023***

Mark your calendars for October 6-8, 2023 for the West Texas Trail Walkers annual hiking event. We will be returning to the Panhandle of Texas to hike the trails in Palo Duro State Park. The hikes will range from easier 5k walks to more challenging 15k hikes. Palo Duro Canyon is the second largest canyon in the United States and offers over 30 miles of trails. The canyon is known for its red rock formations and ridges that are rugged and beautiful.

Because Palo Duro is the most popular state park in Texas and October is prime season, we suggest getting your hotel reservations early. Canyon, Texas is the nearest large city with nationally known hotel chains. Holiday Inn Express, Best Western and Hampton Inns are just off the Canyon I-27 exit. There is also camping available at the state park and reservations can be made by going on-line to [reserveamerica.com](https://www.reserveamerica.com). To start off the hiking weekend Friday, October 6, the West Texas Trail Walkers have selected two options. The moderate 7k starts with the Juniper trail on the canyon floor and gives you wide views of the canyon ridges. Towards the end of this option, the Rojo Grande/Sunflower trail follows a peaceful creek that is shaded with mature trees. The 10k option is also moderately difficult and starts in the lower canyon, climbs up to the Comanche trails and passes through the

“Rock Garden.” The Rock Garden is an awesome field of tumbled boulders.

The Saturday, October 7 hike features the well-known “Lighthouse” red rock pillar. The moderate 6k and 10k hikes traverse ravines and small hills with broad views of the surrounding cliffs. One 10k option is an out-and-back that goes to the Lighthouse. For more difficult hikes, take the 14k and 17k hikes which take you up to the Lighthouse ridge. The 17k adds more distance by hiking the Little Fox Canyon loop and returning to the start point on the Givens/Spicer/Lowery trail.

To finish the weekend on Sunday, October 8, hike the historic Civilian Conservation Corp trails near the entrance of the park. The 7k and 10k CCC/Goodnight trails were built during the 1930s and are difficult hikes with 600 feet elevation gain. At the top, you will be rewarded with stunning long-range views of the canyon. The 5k hike has less elevation but still gives you the experience of seeing long-range views of the canyon. Walk the city of Canyon, Texas anytime over the long weekend. The 5 or 10k options are easy, flat walks on city sidewalks. The walk box will be available in the Best Western lobby October 5-9 or you can use the on-line start box from October 1 - December 31.

Canyon is a thriving small city just outside Amarillo, Texas. The walk takes you through the pristine West Texas A & M University campus, Canyon main streets and past the Panhandle-Plains Historical Museum. The Museum is the largest history museum in Texas and the Texas Parks and Wildlife Division will have a special display there in October celebrating the 100-year anniversary of the Texas State Park system. Be sure to check out the camping and lodging options in Palo Duro Canyon State Park. The park offers historic CCC cabins, glamping sites, full RV hookups and tent camping through the on-line reservation systems, state park and reservations can be made by going on-line to [reserveamerica.com](https://www.reserveamerica.com).

You can also purchase Park Day passes for \$8.00 per person on this on-line system as early as one month before the hiking weekend. Hotel lodging at Best

Western, Holiday Inn or Hampton Inn is also available in Canyon, Texas. Pre-registration opens in early June when the brochure and registration forms are available on [www.westtexastrailwalkers.org](https://www.westtexastrailwalkers.org). Be sure to check our website regularly for updates. You can also reach out to Susan Noonan, [susan.noonan@gmail.com](mailto:susan.noonan@gmail.com) for additional questions.

## IML-TTR Riverwalk Event – February 26, 2023



Martin Callahan and Rudy on the Riverwalk trail.



Suzanne Markgraf at the San Antonio River locks along the walk route.



Louise Menchaca and John Ives at the Checkpoint VFW post 76.

