



Volume 2023 – March, 2023 No. 3
Next Meeting – 3/8/23

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744

Universal City, TX 78148-1744

Elected Officers

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Suzanne Markgraf 210-710-4842

Publicity:

Susan Alton daxkitten@aol.com

SALES: - OPEN-

Webmaster:

Randy Baker Randy826@gmail.com

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-861-5588

Year-round Events: Boerne

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.*

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller paheller001@gmail.com

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Helen Hull

Renewal Time

The following membership renewals are currently due:

December 1: Shirley Banez, Debra Engler, Katie Gutierrez, Betty Walters and Sandra Wilkinson.

January 1: Melanie Grizzel and Norman & Antje Klaunig.

February 1: John Debner, Susan & John Ives.

To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. Lifetime Memberships are available for \$30 per person.



Welcome New Walkers!

Jose Jimenez	San Antonio
Janet McGuire	Bryan
Jeri Ruiz	San Antonio
Cassie White	San Antonio

The next RR club meeting will be held March 8 at 6:30 p.m.

Meetings are held the 2nd Wednesday of every month at the Universal City Library, 100 Northview Drive, Universal City, TX 78148.



From the Desk of the Pres--

First Friday: The First Friday walk is held each month starting at the AVA headquarters, 1008 S. Alamo Street, San Antonio, TX 78210 starting any time from 5 p.m. to 7 p.m. The walk this month will be **March 3rd** in King William district for a free stamp.

Upcoming events:



March 14 – Tuesday, is International Pi Day. The walk will also be held on Sunday, March 12 for people who can't take off Tuesday morning. The walks start between 8 and 11 a.m. Look for the sign-up at 12711 Blanco Rd. in the shopping center parking lot behind the Starbucks. All walkers get a free small pie!

Maifest: Will be held the 3rd Friday in May. Info to follow.



Taco Cabana Sunrise walks: will be held in July and August again this Summer. Locations to be provided.

Hardberger Park YRE: Our walk box for the Land Bridge-Hardberger Park YRE is no longer at Starbucks.

Registration is through the online start box but Ellen has the physical start box with her at the walks and you can register with her if you don't want to do the OSB.

MEDAL MANIA!!

Mark your calendars for the 2nd annual Medal Mania fundraiser sale will be held at the AVA headquarters front year from 8 a.m. to 5 p.m. on Saturday, April 29.

Chocolate February 11 - Del Webb Chocolate Walk

The day started off crisp for the walk but that didn't stop 104 folks from enjoying the great outdoors at the lovely Del Webb community. Much deserved thanks goes to the following volunteers for working at this event: Pat Gunter, John Ives, Ted Cieslak, Louise Manchaca, Jill Troyer and Baxter, Pat Heller, Suzanne Markgraf, Audrey Vertucci and additional thanks to the

Trail Master, Mike Jones for his time mapping out a trail and hosting us at Del Webb.



Olympiad – Feb 19-23 IML – February 24-26

Walkers from 26 countries and 41 states participated in the events. Approximately 1,100 people took part in the walking events.

The Roadrunners manned a checkpoint every day except for Taco Tuesday during the events. The TVA provided bean and cheese tacos for the Taco Tuesday walk and someone with the initials E.O. was dressed in a Taco costume to greet the walkers!

Ellen Ott

Kudos to the following walkers Taken from March 2023 TAW:

Events:

600 Mike Schwencke
950 Susan Alton
1000 John Ives
1900 Bart Marlar
2,900 Ellen Ott
4,000 Patricia Heller

Distance:

4,500k Mike Schwencke
7,000k John Ives
60,000k Patricia Heller



Special Programs

IVV-Americas

Program starts on December 1, 2022 with no end Date.

In 2022, the America's Walking Club joined the IVV-America's regional organization. The regional organization hosts its own special program that asks its participants to participate in 20 - IVV events anywhere in the Western Hemisphere, especially in the national associations of the AVA and the Canadian Volkssport Federation (CVF). In anticipation of the association assuming the Oceania area of Australia and New Zealand, any event in those

countries and the South Pacific also will count.

Successful participants will earn a certificate or a certificate and a patch depending on the award that they pre-register for when they sign up. Participants in the United States may register by sending a check for \$10 USD (certificate only) or \$12 USD (certificate and patch award) made out to "IVV-Americas" along with the following information: full name, address, email, and phone number to: Walk Special Program (IVV), c/o Walking Club, PO Box 2422, Woodbridge, Virginia 22195.

Finished books will be sent to the IVV-Americas administration in Canada. Books can be ordered from POC: Tim Miner Phone - (703) 583-2916 or timothy.miner@walkvirginia.org.



Lighthouses II

Program runs January 1, 2023 - December 31, 2025. Redeem completed books by December 31, 2026.

Beacons from coast to coast, lighthouses are linked historically to the development of maritime expertise and used to warn of dangerous conditions so as to secure safe passage. The [US Lighthouse Society](#) has listed under the J. Candace Clifford Lighthouse Catalog page after page of descriptions taken from the National Park Service Inventory.

With approximately 700 lighthouses in the United States the Qualifier must include any sanctioned IVV event (traditional, seasonal or YRE) that passes or is in view of a lighthouse. One stamp per event per year. IVV participants outside of the United States are welcome to register and participate while logging lighthouses along any IVV event. Cost of book is \$12 USD. Complete 12 walks to receive a patch featuring a lighthouse and also a completion certificate. Make checks payable to the Baltimore Walking Club. Books can be ordered from POC: Sue Capp, 100 Grace Manor Drive, Havre de Grace MD 21078. Phone - (717) 968-6611.



Texas Traditional Events for March, 2023: (Please check the AVA website for any changes or cancellations)

3/4/2023 - 3/4/2023 - Walk

Event Number: 124067

Event City: Austin - Guerrero Park and Montopolis Bridge

Host Club : Colorado River Walkers

More Details: [Click here for directions, ratings, etc.](#)

Club Website:

www.coloradoriverwalkers.org/



3/18/2023 - 3/18/2023 - Walk

Event Number: 124121

Event City: Anahuac - Fort Anahuac

Host Club : Houston Happy Hikers

More Details: [Click here for directions, ratings, etc.](#)

Club Website:

www.houstonhappyhikers.com

3/18/2023 - 3/18/2023 - Walk

Event Number: 124050

Event City: Richardson - Breckinridge Park - Lot C

Host Club : Dallas Trekkers, Inc.

More Details: [Click here for directions, ratings, etc.](#)

Club Website: www.dallastrekkers.or

3/25/2023 - 3/25/2023 - Walk

Event Number: 124049

Event City: Llano - Llano Earth Art Fest

Host Club : Volkssportverein Friedrichsburg

More Details: [Click here for directions, ratings, etc.](#)

Club Website: www.walktx.org/AVA1

4/1/2023 - 4/1/2023 - Walk

Event Number: 124063

Event City: Castroville - 12th Annual Tour de Castroville

Host Club : San Antonio Pathfinders

More Details: [Click here for directions, ratings, etc.](#)

Olympiad Parade of Flags 19 February, 2023

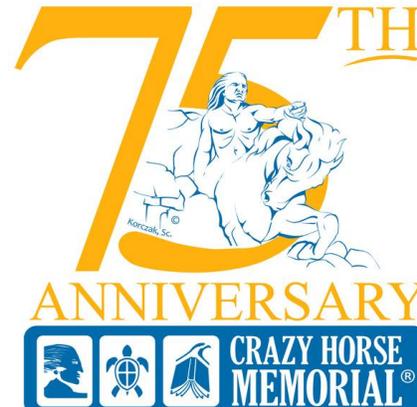
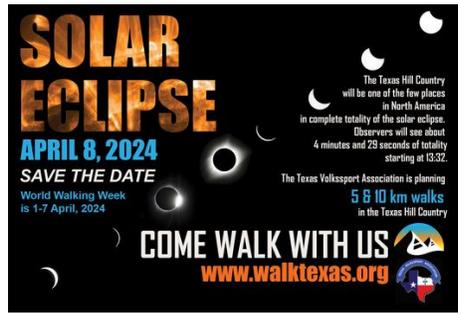


Volkssporters marching in the parade with the flags of the member nations of the IVV in alphabetical order.



The end of the parade of Volkssporters leaving the start point.

***Photos courtesy of Martin Callahan**



US FreedomWalk Festival. Come join us October 20 – 22, 2023 in Arlington, Virginia!

The US Freedom Walk Festival is a world-class, noncompetitive non-profit, international walking festival co-hosted by Arlington County, AVA America's Walking Club and the IML International Marching League, Walking Association.

Our mission is to promote walking as a fitness activity and to promote international understanding and

friendships while showcasing the USA by walking through the monuments, memorials and parks of Arlington and Washington, DC.

USFWF sponsors 3 annual walks: A one-day walk in May to visit the Embassy Open Houses in Washington DC (IVV/AVA), alternating between the European Union Open Houses and the rest of the world Open Houses.

A two-day walk, in conjunction with NBC4 Health & Fitness Expo. Dates vary in the first part of the year, January - March each year.

A three-day walk starting in Arlington, VA the third weekend in October. (IVV and IML), exploring Arlington and Washington, DC with distances as short as 5 km (3miles) and as long as 21 km (a half marathon).

We also sponsor walk events and a bike event that can be walked (or ridden if bike route) throughout the year at the participant's convenience. These events are called "Year Around" event.

US FreedomWalk Festival Club, Inc.

NW side project to add trailhead for park and greenway access

Megan Rodriguez-Express News
The construction of a new trailhead, named after Stanley Spigel whose family donated the property after his death, and parking lot will be finished in March, 2024. The Spigel Trailhead on Guilbeau Rd. will be on the French Creek Greenway, a path that gives several neighborhood entrances to and accesses the larger Leon Creek Greenway and Nani Falcone Park.

It will take up a little more than an acre of a nine-acre plot donated to the city, said Brandon Ross, capital programs manager for San Antonio Parks and Recreation.

The project adds to the city's Howard W. Peak Greenway Trails System, a network of almost 100 miles of developed multi-use and accessible trails that stretch across the city.

