



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2023 – February, 2023 No. 2
Next Meeting – 2/8/23
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Suzanne Markgraf 210-710-4842

Publicity:

Susan Alton daxkitten@aol.com

SALES: - OPEN-

Webmaster:

Randy Baker Randy826@gmail.com

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-861-5588

Year-round Events: Boerne

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller paheller001@gmail.com

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Helen Hull

Renewal Time

The following membership renewals are currently due:

November 1: Claudette Barnett.

December 1: Shirley Banez, Debra Engler, Katie Gutierrez, Rueben & Marta Knape, Betty Walters and Sandra Wilkinson.

January 1: Mary DeLagarza, Melanie Grizzel and Norman & Antje Klaunig.

February 1: John Debner, Susan & John Ives.

To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. Lifetime Memberships are available for \$30 per person.

Welcome New Walkers!

Pauline Royer	Boerne
Leila Rathburn	Helotes
William King	San Antonio
Hilda Juarez	San Antonio
David Estes	San Antonio
Marsha Landry	San Antonio

The next RR club meeting will be held February 8 at 6:30 p.m. Meetings are held the 2nd Wednesday of every month at the Universal City Library, 100 Northview Drive, Universal City, TX 78148.



Roadrunner, Susan Ives was honored at the Blessing of the Peacemakers on Sunday 29 January as a 2023 Peace Laureate in San Antonio. She was one

of three ladies recognized as founders of the San Antonio Peace Center 28 years ago and for trailblazing, co-creating and envisioning a more beautiful, peaceful and just community.

From the Desk of the Pres-- Upcoming events 2023:

TVA Meeting Weekend – 3-5

February: The Roadrunners will feature their three year around events to be walked any time during the weekend. On Saturday morning February 4, there will be a sanctioned walk with sign in and stamp at the hotel at 8 a.m. to 10 a.m. Then walkers will drive to the start point behind the visitor center on Main Street. **We need 2 volunteer workers for this walk.**

The TVA meeting will be held at the Comfort Inn starting at 1p.m. and everyone is invited to attend. The Roadrunners will provide refreshments.

First Friday: Is held each month at the AVA headquarters starting any time from 5 to 7 p.m. The walk this month is February 3, in King William for a free stamp.

February 11 - Del Webb Chocolate Walk It's all about the chocolate; Mike Jones is the trail master. There will be a chocolate fountain and yummy chocolate refreshments.

We need a volunteer for the finish table, start table and check point.

Please let Ellen know if you can help. 210-723-8574.

The workers walk is Friday February 10 at 9:30 a.m. I will get the gate code to anyone who is walking.

Olympiad – February 19-23

IML – February 24-26

Excitement is mounting for the 18th Olympiad/IML events right in our own back yard. As of 18 January walkers from 24 countries and 40 states have Pre-registered.

If you have done a volksmarch or not, seeing and being part of the parade of nations when each country will carry their country flag is a must. The parade of nations will begin with a marching band at the Gazebo in King Williams and be greeted by mariachis at the Arneson River Theater where the opening ceremony will take place. This will be followed by a free Elvis concert at 4 pm.

So, gather your American flags and pins to exchange or give to our foreign guests. The finish for each event will be at the Cos House at the Olympiad Village. Each day there will be live music and food vendors along with various props for pictures. I'm getting excited as I hope you are for this once in a life time experience right here in San Antonio.

Volunteers needed for the Olympiad/ IML events:

Sunday, 19 February – King William Community Walk starts at 9 a.m. at the King William Gazebo. Free stamp and T-shirt for workers.
9 a.m. to 11:30 a.m.
need 3 more workers

Monday 20 February Brackenridge Park - open 8:30 a.m. to 2 p.m.
need one more worker

Wednesday 22 February Post 76 open 10 a.m. to 2 p.m. - covered

Thursday 23 February Gazebo at King William - open 8 a.m. to 1 p.m.
need one worker.

Friday 24 February at Pete's Taco House - open 8 a.m. to 1 p.m.
need 3 workers from 8 a.m. to 11 a.m.

Saturday 25 February at Roosevelt Park

8:30 to 10:30 need 2
10:30 to 12:30 covered
12:30 to 2:30 need 2
2:30 to finish need 4

The marathon, half marathon, and 10k walkers will be coming through this checkpoint. There's plenty of free parking and restroom available.

If you know anyone who would like a FUN, easy job at Olympic Village

someone is needed to "man" the photo frame, picture area and props.

We need someone to wear a TACO costume on Tuesday evening at the Margarita/Taco Trail event. You'd be at the AVA office greeting walkers. I'll be there to give you support. Just think how much FUN this can be!

Olympiad swimming.... If you preregistered for the whole week the swims and bus to the swims, are included. There will be a bus to the swim venue from the LaQuinta. I will send another e-mail when I find out the name of the venue because you may want to drive yourself. Only one piece bathing suits allowed. Bring your own towel and lock if you want to use a locker. Otherwise, you can put your items on a bench by the pool.

Ellen

RR Publicity - Susan Alton

If you are in San Antonio, you are invited to join us for a week of walking. To register for the Olympiad, go to IVVOlympiad2023.org.

We are also hosting our annual Texas Trail Roundup walking event immediately following the Olympiad. To register for the Texas Trail Roundup, go to texastrailroundup.org.

Do as many or as few walks as you'd like. The walks are non-competitive so you do them at your own pace. Lengths of the walks range from 5 km (3.1 mi.) all the way up to a marathon length of 42 km (26.1 mi.). We'd love to see you there.



A great article on volkswalking and the Olympiad in the January/February 2023 edition. Go to the following link to access it:

<https://www.sanantoniomag.com/get-moving-during-the-ivv-olympiad/>

PSAs continue to run on the NBC TV affiliate in San Antonio about walking

and the AVA. This will be changed to promote the Olympiad, plus interviews will be recorded soon for their news shows.



2023 IVV Olympiad Registration Continues.

Come and walk with Volkssporters from 40 States and 24 countries! It is not too late to register. The cost of registration for the full week of events is only \$170.00. Single day passes are \$30.00. (This price does not include the Margarita and Taco Trail Walk or the Friendship Celebration.) The Daily Schedule of Events is now available on the AVA website.

San Antonio Local Bus Transportation (VIA) Information
Information on local bus transportation is available at www.Viainfo.net or you can download the mobile application at VIA GoMobile+ available on app store+ google play.

The current pricing for bus passes is:
·\$1.30 one trip (includes free transfers)
·\$2.75 one-day pass
·\$12 for 7-day pass

Olympiad Volunteer Chair - Susan Pinneke,

You can volunteer online to work the Olympiad events (walk, bike and swim events). If you would like to volunteer and have not already, please contact me, **Susan Pinneke at Volunteers@AVA.org**. I'll get you added to my list.

Once we have an idea of how many volunteers you might have, we can talk about dates and jobs. This is our chance to show the world that American Volkssporting rocks!!!

Also, a great big THANK YOU to all those who have reached out to me to volunteer already!!! You are awesome!! I am always happily surprised by the generosity of my fellow volkssporters. Together we will make this a premier IVV Olympiad.



West Texas Trail Walkers

Palo Duro Canyon State Park - October 6-8, 2023

Mark your calendars for October 6-8, 2023 for the West Texas Trail Walkers annual hiking event. We will be returning to the Panhandle of Texas to hike the trails in Palo Duro State Park. The hikes will range from easier 5k walks to more challenging 15k hikes. Palo Duro Canyon is the second largest canyons in the United States and offers over 30 miles of trails. The canyon is known for its red rock formations and ridges that are rugged and beautiful.

Because Palo Duro is the most popular state park in Texas and October is prime season, we suggest getting your hotel reservations early. Canyon, Texas is the nearest large city with nationally known hotel chains. Holiday Inn Express, Best Western and Hampton Inns are just off the Canyon I-27 exit. There is also camping available at the state park and reservations can be made by going on-line to reservecamerica.com.

As you know, it takes a core group of volunteers to organize a hiking event of this magnitude. We always need volunteers to serve as hiking directors and assistant hiking directors for each day, Friday, Saturday and Sunday. These volunteers set up the hikes, determine the check points and trail markings, create a map and directions, coordinate the worker's walks and recruit several volunteers to help out on the day of the hike. Since our hikes use established state park trails and maps, the walk directors don't need to do much background preparation.

If you are interested in helping out as a walk director or assistant walk director, please consider joining us for the reconnaissance trip to Palo Duro Canyon State Park, March 5-9, 2023. The "Recon" is always a lot of fun, it gives you another chance to enjoy the

great outdoors of West Texas and you are invited to our special "thank you dinner."

Susan Noonan, Acting President/Secretary
West Texas Trail Walkers
susan.noonan@gmail.com



Texas Traditional Events for February, 2023: (Please check the AVA website for any changes or cancellations)

2/4/2023 - 2/4/2023 - Walk
Event Number: 124056
Event City: Boerne - TVA town walk
Host Club: Randolph Roadrunners
Register at: Comfort Inn, 35000 IH-10 west, exit 540.
Start: Visitors Center, 282 N. Main St.
More Details: [Click here for directions, ratings, etc.](#)
Club Website:
www.randolphroadrunners.info

Chocolate

2/11/2023 - 2/11/2023 - Walk
Event Number: 123970
Event City: San Antonio - Del Webb-Chocolate walk
Host Club: Randolph Roadrunners
More Details: [Click here for directions, ratings, etc.](#)
Club Website:
www.randolphroadrunners.info



2/19/2023 - 2/19/2023 - Walk
Event Number: 123954
Start: AVA Headquarters
Event City: San Antonio - King William Community Walk
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/20/2023 - 2/20/2023 - Walk

Event Number: 123944
Event City: San Antonio - IVV Olympiad North Walk
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/20/2023 - 2/22/2023 - Bike
Event Number: 123948
Event City: San Antonio - 2023 IVV Olympiad Bike
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/21/2023 - 2/21/2023 - Walk
Event Number: 123945
Event City: San Antonio - Historic Hays Street Bridge
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/21/2023 - 2/21/2023 - Swim
Event Number: 123949
Event City: San Antonio - 2023 IVV Olympiad Swim
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/22/2023 - 2/22/2023 - Walk
Event Number: 123951
Event City: San Antonio - West Side Murals
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/22/2023 - 2/22/2023 - Swim
Event Number: 123950
Event City: San Antonio - 2023 IVV Olympiad Swim
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/23/2023 - 2/23/2023 - Walk
Event Number: 123952
Event City: San Antonio - South Side History
Host Club: AVA Headquarters
More Details: [Click here for directions, ratings, etc.](#)

2/24/2023 - 2/24/2023 - Walk
Event Number: 121782
Event City: San Antonio - Downtown Friendship Walk
Host Club: Texas Trail Roundup

More Details: [Click here for directions, ratings, etc.](#)
 Club Website: texastrailroundup.org

2/25/2023 - 2/25/2023 - Walk
 Event Number: 121783
 Event City: San Antonio - Historic Spanish Missions
 Host Club: Texas Trail Roundup
 More Details: [Click here for directions, ratings, etc.](#)
 Club Website: texastrailroundup.org

2/26/2023 - 2/26/2023 - Walk
 Event Number: 121784
 Event City: San Antonio - Parks & Restaurants
 Host Club: Texas Trail Roundup
 More Details: [Click here for directions, ratings, etc.](#)
 Club Website: texastrailroundup.org

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX 78148-1744



Pat Gunter and Louise Menchaca working registration at Corner Bakery Café start point.



Mike Hermes holding Rudy while working the checkpoint with Kathy & Mike Schwencke checking in.



Mike Phillips and Diane Dueterhoeft with dogs Molly and Rony.



Beck Harvest Nipper and his grandparents Tina & John Bohnert with Ellen Ott after the walk.

***Photos courtesy of Martin Callahan**

RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 \$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

by _____

If the \$2.00 fee was not paid with the original application, add family members now including \$2.00 for each person.

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____