



**Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)**

Volume 2023 – January, 2023 No. 1  
Next Meeting – 1/11/23  
A member of the American Volkssport  
Association (AVA) & the International  
Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners  
Volkssport Club**  
A Walking Club Established 1980  
PO Box 2744  
Universal City, TX 78148-1744  
*Elected Officers*

**President:**

Ellen Ott 210-723-8574

**Vice President:**

John Ives [jbives@texas.net](mailto:jbives@texas.net)

**Treasurer:**

Pat Gunter 210-479-0805

**Secretary:**

Jill Troyer 830-237-6230

*Committee Chairs*

**Membership:**

Suzanne Markgraf 210-710-4842

**Publicity:**

Susan Alton [daxkitten@aol.com](mailto:daxkitten@aol.com)

**Sales:** - OPEN-

**Webmaster:**

Randy Baker [Randy826@gmail.com](mailto:Randy826@gmail.com)

**Newsletter:**

Audrey Vertucci – [AudreyVe@aol.com](mailto:AudreyVe@aol.com)  
210-861-5588

**Year-round Events: Boerne**

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,  
Broadway Daily Bread, Leon Creek,  
Salado-1604, Land Bridge at Hardberger  
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

**Year-round Events: Eisenhower Park**

Susan Medlin 210-325-3523

**Year-round Events: Schertz**

Patricia Heller [paheller001@gmail.com](mailto:paheller001@gmail.com)

**Club Website:**

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

AVA Website: [www.ava.org](http://www.ava.org)

TVA Website: [www.walktexas.org](http://www.walktexas.org)

**TVA President:** Dave Roberts

**Deputy SW Region:** Andy Thomas

**SWRD:** Helen Hull

## Renewal Time

The following membership renewals are currently due:

**September 1:** Nancy & Tony Paulson.

**October 1:** John & Jean King.

**November 1:** Claudette Barnett.

**December 1:** Shirley Banez, Debra Engler, Katie Gutierrez, Rueben & Marta Knappe, Andy Thomas, Betty Walters and Sandra Wilkinson.

**January 1:** Mary DeLagarza, Melanie Grizzel and Norman & Antje Klaunig.

To renew your RR membership, fill out the attached application or print it off our website:

[www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info) and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. **Remember:** Lifetime Memberships are available for \$30 per person.



## Welcome New Walkers!

Karen Lunarodriguez Boerne  
Nancy Hester San Antonio

The next RR club meeting will be held January 11 at 6:30 p.m. Meetings are held the 2<sup>nd</sup> Wednesday of every month at the Universal City Library, 100 Northview Drive, Universal City, TX 78148.

*Happy New Year*

## From the Desk of the Pres-- Upcoming events:

**2023:**

**January 7** walk starting at the Quarry Corner Bakery with one single Alamo

Heights route. We need workers for registration, finish, and checkpoint.

**February 11** walk at Del Webb and this year's theme is Chocolate.

Olympiad – February 19-23

IML – February 24-26

The RR's will have the Saturday Check Point at Roosevelt Park all day for the IML. Please let me know if you can volunteer.

**March 14, Tuesday, is Pi Day.** A pseudo Pi day on Sunday March 12 will be held for those who work on Tuesdays. The walks will be Hardberger Park/Land Bridge with start in the Wal-Mart parking lot behind Starbucks.

**OST Centennial** - New Orleans - 23 - 25 March 2023 for information, goggle OST100 centennial - there will be a sign-up sheet so the committee knows how much food to have. The conference is free for the meals and lectures. There are 2 yrs in New Orleans. The schedule for the weekend is also on their web site. I have been to 4 of these conferences and Pat Gunter has been to 2 of them. They are well planned and very informative.

**First Friday:** Each month at AVA headquarters there is a 5k Volksmarch that needs support from volunteers. The walk is currently only a single 5k loop but the plan is to have two 5k loops.

*Ellen*



AMERICA'S  
WALKING CLUB  
ESTABLISHED 1974

Publicity Committee

- Susan Fine, Chair

We're excited that the local NBC television affiliate in San Antonio will be a media sponsor of the IVV Olympiad and AVA, promoting health through walking.

They will provide interviews, promos, news stories and more, and will hopefully have their stories broadcast elsewhere through their sister stations. The IVV Olympiad is not only a once-in-a-lifetime event for many volkssporters, but also lets us promote our sport and the AVA to a new audience. We will post links on Facebook, from the station – WOAI – News4 San Antonio.



Another major publicity event is the King William Historic District Community Walk, a pre-Olympiad walk Sunday February 19th at 10am. For those who registered for the Olympiad, it is a bonus walk to join us that morning. We are inviting the community in San Antonio to learn about volkswalking, walk with people from around the country and the world, and discover our passion for this sport. Please join us, and talk about your experiences volkswalking with people who are new to our activity. More information will be posted on Facebook, and in future Checkpoints.

After the community walk, we want everyone to join us in the Parade of Flags, as we walk from the park to the opening ceremonies, with 40 flags represented from the various countries of the IVV. More info to follow..

Our goal of the Publicity Committee is promoting AVA and volkswalking, and the IVV Olympiad and IML Texas Trail Roundup are why we are concentrating on these events. If you have any ideas, please let us know.

### In The Spirit Of Giving, We Celebrate And Give Thanks!

We also want to give a special thank you to each and every one of our 2022 donors. Whether you have given throughout the year or given during the

Big Give individual donor campaign, your donations make an impact. In fact, throughout the past few days, Big Give donations have kept coming in, and as a result, we have now reached and surpassed our \$90,000 goal. An impressive \$90,313.64 was raised by our donors! Your thoughtfulness and generosity never cease to amaze us.

Please stay tuned for more Big Give updates and announcements as we work through sorting all of the Big Give donor data. The winner of the Regional Challenge for this year will be announced soon. Don't miss it!



### Winners of a 2023 Starting Point Book (6 Winners; Open to Individual Donors Only):

Peter Anderson  
Michael Hermes  
Diane McFarland  
Nancy Patrick  
Heidi Schurr  
Judith Weigel

### Winners of a Free Registration to the 23rd AVA Biennial Convention (open to Clubs only):

New Braunfels Marsch-Und Wandergruppe  
Tecumseh Trailblazers

### Winners of A VIP Pass to the 2023 IVV Olympiad or IML (5 Winners; open to Individual & Club Donors of \$100+ Only. Includes Entrance to all Sporting Events for either the Olympiad or IML, the Margarita and Taco Trail Walk, and the Friendship Celebration)

Mercella Lucas – Olympiad Sporting Events and Special Events VIP Pass

First Coast Trail Forgers Walking Club – Olympiad Sporting Events and Special Events VIP Pass  
Thunder Mountain Trekkers – IML Sporting Events and Special Events VIP Pass  
Don Ramirez -IML Sporting Events and Special Events VIP Pass  
Jerry Perkins – IML Sporting Events and Special Events VIP Pass

### IT Specialist – Hector Hernandez **OptOutside**

A special thanks to the 6 returning Clubs and the 4 new Clubs who opted to promote a healthy lifestyle the day after Thanksgiving by hosting a walking event with their many volunteers! We appreciate your support of our mission:

Buffalo Pathfinders  
Dairyland Walkers  
Freestate Happy Wanderers  
First State Webfooters  
Georgia Walkers  
Hoosier Hikers  
Low Desert Roadrunners  
Randolph Roadrunners Volkssport Club  
Thunder Mountain Trekkers  
Walk 'n Mass Volkssport Club



### 2023 IVV Olympiad and IML Texas Trail Roundup Updates

Come and walk with Volkssporters from 38 States and 22 countries! It is not too late to register. The cost of registration for the full week of events is only \$170.00. Single day passes are \$30.00. (This price does not include the Margarita and Taco Trail Walk or the Friendship Celebration.) Register at: <https://ivvolympiad2023.org/>

Olympiad (Feb 17-23, 2023) and IML/TTR (Feb 24-26, 2023): There is a nice short video about the Olympiad and IML. Link to video: [https://www.prweb.com/releases/usa\\_to\\_host\\_premier\\_international\\_walking\\_festival\\_in\\_san\\_antonio\\_texas/prweb18894202.htm](https://www.prweb.com/releases/usa_to_host_premier_international_walking_festival_in_san_antonio_texas/prweb18894202.htm)

Look for a link on the AVA website to sign up to do the walks.

You can volunteer online to work the Olympiad events (walk, bike and swim events); the RR club will have a table each day (Monday-Saturday, 11:00-7:00 at La Villita) during the Olympiad to sell sweatshirts, pins, metals, eclipse glasses, etc.; Ellen will check the possibility of parking passes for people working this table. The RRs will man the 10K checkpoint on Friday, Feb 24 and the Roosevelt Park Checkpoint for the IML on Saturday, Feb 25.

### The Olympiad Facebook Page!

Please go to

[www.facebook.com/2023IVVOlympiadUSA](http://www.facebook.com/2023IVVOlympiadUSA)

Look for the latest on the joint Olympiad/IML events and answers to any questions you may have.



### EAST TEXAS TREKKERS

In 2023 we will be hosting 19 Year Round Event (YREs) in Texas, Louisiana and Mississippi.

#### Special Group Walks:

Join us MLK weekend, Jan. 12-16 for group walks. Check our website for more information.

[www.walktx.org/EastTexasTrekking](http://www.walktx.org/EastTexasTrekking)

We are a volksmarching (non-competitive walking) club.

POC: Helen Hull- 972-530-1026

[HelenTheHun@yahoo.com](mailto:HelenTheHun@yahoo.com)

### A Tale from the Trails –

By: Susan Alton –an excerpt taken from her Travel Bug blog

**WestWorld and Chaparral Park  
6 km Volksmarch – Tuesday,  
December 20, 2022**

We checked into WestWorld RV campground in Scottsdale, Arizona and after setting up in our site, we drove to Chaparral Park for a 6 km Volksmarch.



We were on the Indian Bend Wash Path which looked tropical with all the big palm trees.



The cormorant area of the park lake. It was fun to walk Chaparral Park and drive along the canal after hours in the truck.



Thank you to the Saguaro Sun Striders for a lovely walk.

I particularly enjoyed seeing birds I don't usually see. Bob liked reading the history (online later) of the [Hashknife Pony Express](#) Post Route.



It was a lovely afternoon with a great sunset as we drove back to the RV park.



**Texas Traditional Events for January, 2023:** (Please check the AVA website for any changes or cancellations)



1/7/2023 - 1/17/23 - Walk

**Event Number:** 123913

**Event City:** Bakery Café in Alamo Quarry Market Shopping Center - The Best of the Heights

**Host Club:** Randolph Roadrunners

**More Details:** [Click here for directions, ratings, etc.](#)

**Club Website:**

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

1/21/2023 - 1/21/2023 - Walk

**Event Number:** 124008

**Event City:** Galveston - Mosquito Cafe

**Host Club:** Houston Happy Hikers

**More Details:** [Click here for directions, ratings, etc.](#)

**Club Website:**

[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

### Boerne Christmas Walk- December 10, 2022



Wiley Smith and Mike Hermes cooking the pancake breakfasts for walkers.



Brenda & John Zimmerman on the walk trail next to a Boerne historical marker



Doug Eide with Rudy, Frank Ellis and Gayle Weinraub on the walk route at the Christmas Market on Main Plaza.



Martin Callahan and Rudy next to Wild Bill Hickok.  
**\*Photos courtesy of Martin Callahan**



Doug Eide & Rudy, Barbara Jacobson, Barbara Piersol, Gayle Weinraub and Frank Ellis on the trail along S. Main Street.

**RANDOLPH ROADRUNNERS**

PO Box 2744  
 Universal City TX 78148-1744

**RANDOLPH ROADRUNNERS APPLICATION**  
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal  New Member

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Telephone number \_\_\_\_\_

by E-mail address \_\_\_\_\_

Family members \_\_\_\_\_

Amount submitted \$ \_\_\_\_\_

Family member(s) included (see instructions below) DATE \_\_\_\_\_

**NEW MEMBER FEE:** \$4.00 for 1 \$10.00 for three years

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

**RENEWAL FEE:** \$4.00 for one year  
 \$10.00 for three years

This renewal fee includes each family member who paid \$2.00 with the original application.

If the \$2.00 fee was not paid with the original application, add family members now including \$2.00 for each person.

**Lifetime membership for (1) one person is available for a \$30 fee.**

AVA Volkssport Associate  Yes  No

Eager to serve as club officer \_\_\_\_\_ or committee chair \_\_\_\_\_