



Volume 2022 – May, 2022 No. 5
Next Meeting – 5/18/22

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Suzanne Markgraf 210-710-4842

Publicity:

Susan Alton daxkitten@aol.com

Sales: - OPEN-

Webmaster:

Randy Baker Randy826@gmail.com

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-861-5588

Year-round Events: Boerne

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.*

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller paheller001@gmail.com

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Helen Hull

Renewal Time

The following membership renewals are currently due:

Donnie King, Irene Martinez-Ramirez, Wendy Dylla, Brenda Dever-Armstrong, Ed McCabe, Victoria Welan, Vivian Holder, Sonia Hogeland, Herlinda Zamora, Glen Salazar, Samantha Durgin, Josh Inguanzo, Marco Munoz, Rose Scott, and Mary Japhet, Cynthia Dsouza, Cheri Gillis, and Wilma & Craig Van Deutekom. To renew your RR membership, fill out the attached application or print it off our website: www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. **Remember:** Lifetime Memberships are available for \$30 per person.

The next RR club meeting will be held May 18 at 6:30 p.m. Meetings are held the 2nd Wednesday of every month at the Universal City Library, 100 Northview Drive, Universal City, TX 78148.



From the Desk of the Pres--

We had a great turnout for the Pi day walks and the National Walking Week events. A special “thank you” to Pat Gunter and John Ives for all their help with these events.

The club needs volunteers to fill the following positions:

1. A club Sales Person
2. An Element 3 coordinator
3. We need a logo designed for the Total eclipse 2024 walks that are being planned.

Plans are in the works to revive the “35 on 35” and the “Texas OST” special program.

The Summer Sunrise events in July and August will be held at the Stone Oak and Nacogdoches and 1604 Taco Cabanas this Summer.



Medal Mania at the AVA!

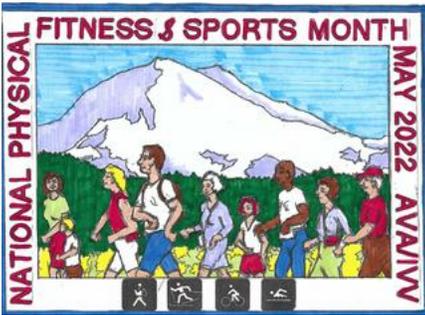
For the last year or so I have been trying to make sense of the many boxes and bags of donated Volkssport medals that had a home in Hector's office.

Knowing that there was not a tradition or featured event scheduled for 9 April, the day of the King William Fair, I had a great idea! Since the AVA office is in the King William neighborhood, I thought selling medals would be most appropriate. Collecting and selling medals is a highlight of the Fiesta experience.

Henry, the AVA executive director, was a little skeptical. The morning of the Fair, John Ives and I set up a canopy and three tables. Two of the tables were full of medals from all over the world and the other table was covered with patches. I decorated the columns of the AVA house and the AVA sign with large colored fiesta flowers and we were off on the sale of a decade!

All medals (except a very few) were a dollar. Yes-- just a dollar. Ladies dressed in fancy fiesta outfits stopped by, kids wanting something special had a great time making their selections, and some grumpy old men wouldn't stop by until I shouted “all medals are a dollar.” There was something for everyone!

I was as amazed as I think Henry was that after nine hours of selling medals, \$219 was made. I would like to thank John Ives, Susan Medlin, Susan Alton, Maggie Carswell and Andy Thomas for their assistance in this money-making endeavor! *Ellen*



May, 2022 National Physical Fitness & Sports Month



ANNUAL SPRING VOLKSMARCH - JUNE 4 AND JUNE 5, 2022

The Crazy Horse Volksmarch is the most popular organized hike in the United States (15,000 walkers in a record year).

This family event is sponsored by the Black Hills Chapter of the American Volkssport Association (AVA) and hosted by Crazy Horse Memorial®.

The bi-annual Crazy Horse Volksmarch (an organized hike) is a 10K or 6.2-mile woodlands ramble to the world's largest mountain carving in progress in the southern Black Hills of South Dakota.

Tale from the Trails –

By: Susan Alton – taken from her *Travel Bug* blog

National Walking Week – Wednesday, April 6, 2022

The American Heart Association's [National Walking Day](#) is every year on the first Wednesday in April. It was established in 2007 to promote a healthy lifestyle and get people moving.

AVA: America's Walking Club wanted to encourage people to get out and walk more. In 2020, they built National Walking Week, April 1-7, around

National Walking Day. This was on Day 6 of National Walking Week.

The Texas Trail Roundup Club sponsored Wednesday's Downtown San Antonio Churches Walk. I started walking at 10 am. It was WINDY! So, I wore a windbreaker for the first four miles of the 10k walk.

One thing is certain about walking in downtown San Antonio, there's a lot of ongoing construction of buildings, streets, and sidewalks.

Walking down our first block, we came to the Immaculate Heart of Mary Catholic Church.



After we walked around Urban Loop where this church was located, we got onto Cesar Chavez Blvd. which is very torn up. Construction was in full swing with equipment sometimes coming onto the sidewalk.

One of our huge festivals, *Fiesta!*, was going on. There are events all over the city for about two weeks.

A few blocks later, we turned off Cesar Chavez Blvd. to go to Market Square. If you want great food or a well-stocked bakery early in the day, you could go to Mi Tierra. This is a huge, well-loved restaurant at Market Square.

From Market Square, we walked through Milam Park next to the Children's Hospital of San Antonio. Milam Park has a statue of Benjamin Milam, a gazebo, a playground, and tables with checker/chess boards painted on them.

In a few blocks, we came to our next church, San Francesco di Paola Catholic Church. This Romanesque building with decorative stone detailing, round-arched stained glass windows, and spire was dedicated on May 1, 1927.



Next to the church is the Christopher Columbus Italian Society Hall. It was built to complement the church next door..

Behind the church is San Pedro Creek Cultural Park. The birds love this oasis downtown as you will see. A brand new section is being added to this downtown park.

I caught up with Scott and Paulette and walked with them for a while. Criss-crossing downtown San Antonio, we passed the Southwest School of Arts, the Central Branch of the Public Library whose color has been described as "enchilada sauce," murals, the Tobin Center for the Performing Arts, the old AT&T Building, and the Veterans Memorial Plaza. There is so much to see downtown!

The walk route took us past St. Mark's Episcopal Church, First Church of Christ Scientist, Grace Lutheran Church, Scottish Rite Cathedral, St. Joseph's Catholic Church and the Alamo.



We walked on to La Villita is where NIOSA (Night in Old San Antonio) takes place. Food, drink, cascarone, and souvenir booths line the streets of La Villita, San Antonio's first neighborhood. During the festival, this

place is a total zoo. If you love being in massive crowds of people so thick you can't move, then this festival is for you.

Leaving La Villita, we headed back to the downtown core. We passed the Buckhorn Museum and St. Mary's Catholic Church on our way to the finish.



Texas Traditional Events for May, 2022: (Please check the AVA website for any changes or cancellations)

5/7/2022 - 5/7/2022 - Walk

Event Number: 121557

Start: Joshua Springs Park

Event City: Comfort - Joshua Springs Park

Host Club: Hill Country

Volkssportverein

More Details: [Click here for directions, ratings, etc.](#)

Contact: (830) 995 -2421

E-Mail: johnbohnert63@gmail.com



5/14/2022 - 5/14/2022 - Walk

Event Number: 121465 TX

Start: Chisholm Park

Event City: Hurst - Chisholm Park

Host Club: Tarrant County Walkers

Event Website:

www.walktx.org/TarrantCountyWalker

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More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

917 Forest Oaks Lane

Hurst, TX 76053

Contact: Brooke Hudson, (817) 944-5191

E-Mail: brooke_hudson@hotmail.com

Club Website:

www.walktx.org/TarrantCountyWalker

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5/20/2022 - 5/20/2022 - Walk

Event Number: 121558

Start: 422 Pereida, San Antonio

Event City: San Antonio - Maifest - Beethoven Mannerchor

Host Club : Randolph Roadrunners

Event Website:

www.randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove

San Antonio, Tx 78213

Contact: Ellen Ott, (210) 849-9498

E-Mail: ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info



Pi Day Walk Eisenhower Park 3/14/22



Gayle Weinraub, Ellen Ott and Jackie Lytle display their pies with John Ives at the start.



Stephanie Knight with Rudy, Gayle Weinraub, Tina and John Bohnert with Dolly on Shady Creek Natural Trail.



Martin Callahan with Rudy and Dolly at top of observation tower.

Center Point Walk - 3/19/22



At the walk Start, Mike and Kathy Schwencke and Richard Watkins pose for a picture inside the Center Point Museum.



Andy Thomas, Susan Noonan, Michael Marke with Dolly & Sheri Logan with Rudy along the walk trail with the Guadalupe River visible behind them.



Ellen Ott holds a copy of the article titled "United We Walk" about Volkssporting in the April 2022 issue of Texas Highways Magazine. You can view the article at the following website online:

https://texashighways.com/culture/volksmarching-brings-texans-together-for-fitness-camaraderie/?utm_medium=email&utm_campaign=April%202022%20Issue&utm_content=April%202022%20Issue+CID_c643ef1d1ff7a3d7cf0819c36d524e8e&utm_source=newsletter&utm_term=Volksmarching%20Brings%20Texans%20Together%20for%20Fitness%20and%20Camaraderie

***All Walk Photos Courtesy of Martin Callahan**



Martin Callahan with Dolly (front) and Rudy next to the wall with a granite panel engraved with the history of Camp Verde, Texas near the entrance to the Museum Park in Center Point.



Walk New Mexico Program

Starting in 2022, a new 'Walk New Mexico' program will be working in the 33 counties in the state. New Mexico already has YREs in 9 counties.



Mark Your Calendars!

THE BIG GIVE 2022

6 PM Thursday, September 22 through
6 PM Friday, September 23

The Sun Country Striders have added several more seasonal walks and 4 new YREs which will allow you to cover the entire southeast section of the state in 2022. The 4 new county YREs are Lovington in Lea County, Portales in Roosevelt County, Clovis in Curry County, and Fort Sumner in De Baca County.

RANDOLPH ROADRUNNERS

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Also, the Woodland Wanderers from Colorado have started a 'Charley Pride' challenge to do walks from Phoenix, AZ to San Antonio, TX and have added 3 walks in New Mexico. These include Lordsburg in Hidalgo County, San Antonio (NM) in Socorro County, and Roswell. These walks are available from Apr 10 thru the end of the year, except for Roswell which is not available until May 3.

Contact Helen Hull (HelenTheHun@yahoo.com) for your New Mexico logbook and patch and start exploring the Land of Enchantment or Ruidoso.

RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 \$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

Telephone number _____

by _____

E-mail address _____

Family members _____

Amount submitted \$ _____

This renewal fee includes each family member who paid \$2.00 with the original application.

If the \$2.00 fee was not paid with the original application, add family members now including \$2.00 for each person.

Lifetime membership for (1) one person is available for a \$30 fee.

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____