



Volume 2022 – March, 2022 No. 3
Next Meeting – 3/9/2022
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Suzanne Markgraf 210-710-4842

Publicity:

Susan Alton daxkitten@aol.com

Sales: - OPEN-

Webmaster:

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Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-861-5588

Year-round Events: Boerne

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller paheller001@gmail.com

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Helen Hull

Renewal Time

The following membership renewals are currently due:

Frank Dieck, Carlen & Joanne Forinash, the Roberson Family, Priscilla Ullman, Donnie King, Irene Martinez-Ramirez, Michael & Janice McMahon and Wendy Dylla. To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. **Remember:** Lifetime Memberships are available for \$30 per person.

The next RR club meeting will be held March 9 at 6:30 p.m. Meetings are held the 2nd Wednesday of every month at the Universal City Library, 100 Northview Drive, Universal City, TX 78148.

Welcome New Member!

John Debner San Antonio

From the Desk of the Pres--

The following are scheduled upcoming RR walk events:
13-14 Mar. Pi (e) Day Eisenhower Park the walk will be manned from 8-11 a.m.

26 Mar. tentative – Land Heritage

Institute

2 April Cibolo Nature Center



HILL COUNTRY RETREAT Del Webb Walk Event 2/12/22

Out of 12 entries, Shirley Conrad's gooey butter cookies won 1st place in the blind cookie judging contest. The judges were: Dave Roberts, Mike Hermes and a very pleasant gentleman from Del Webb, John Duld.

The grand prize was 6 free year around event coupons for 2022. Thank you to all the cookie bakers. Remember there is never such a thing as a bad cookie!

A BIG “thank you” to all the volunteers who worked at Del Webb: Pat Gunter, Jill Troyer, Kathy and Mike Schwencke, Herb Laing, Laurie Stitler, John Ives, Jackie Lytle, Susan Medlin and Mike Jones for coordinating this event with Del Webb and for the uphill part of the route in the wind gust.

There were 93 participants of which 13 were from the Del Webb community

It was an enjoyable day; thank you all. And a shout out to CRUMBL cookies for donating 2 party boxes of their amazing cookies (a dozen cookies in each box)!



CEO/President –

**Henry Rosales - AVA'S
ELEMENT3 Health Program**

Many thanks to our AVA club members and other participants who signed up for the AVA's Element3 Health Walk Voucher Program and reported activities for 2021. In all, we had 18 participants report 1,314 activities for 2021! This is an average of 6 activities per month per participant. Peak months of reported activity were May, June, August and September. Great way to stay active! Congratulations!

If you have not signed up for this new program, there is still time to sign up and participate in 2022. Through our partnership with Element3, any walkers who are members of an eligible health plan, initially United Healthcare Medicare advantage and supplemental plans, can earn free walk vouchers for participation in club related walks and activities. This includes Seasonal,

Traditional, and self-guided Year-Round events and Club Activities! There is no cost at all to you - in fact, if you are eligible, enroll in this new program, and report at least 10 walks and/or club activities per month, you will receive 2 free electronic walk vouchers per month. More information on this program is available in the AVA February Checkpoint.

IT Specialist – Hector Hernandez National Walking Week- First week of April, 2022

Thank you to all the Clubs who have already joined us to celebrate National Walk Week during the first week in April. Some of the local clubs who have already signed up to host events include:

Columbia River Volkssport Club
Randolph Roadrunners
San Antonio Pathfinders
Texas Trail Roundup

ATLANTIC REGION CONFERENCE, APRIL 22-24

The Pennsylvania Volkssport Clubs invite you to “Come Walk with Your Friends in Plymouth Meeting” at the Atlantic Region Conference, April 22-24, in Plymouth Meeting, PA. There will be three walks: Manayunk/Bala Cynwyd on Friday, Plymouth Meeting on Saturday, and at the John Heinz National Wildlife Refuge on Sunday, a Volksswim at the host hotel, and a Volksbike that starts in Conshohocken and uses the Cross County Trail and Schuylkill River Trail. The Volksswim and Volksbike are sanctioned for all three days.

We encourage you to arrive early on Thursday afternoon and join the Liberty Bell Wanderers at the Valley Forge National Historical Park. There will be a Group Walk around the park starting from the Washington Chapel Parking Lot and a Group Bike Ride starting from the far end of the lower parking lot at the Visitor Center.

The host hotel is the DoubleTree Suites in Plymouth Meeting. Reservations can be made at the rate of \$119.00 plus tax. Please make your reservation early; we have a limited block of rooms. The conference rate is also available before and after the conference if extending

your stay. Reservations must be made by 5 pm on March 24. Call (610) 834-8300 and use Group Code: VOL or “Volkssport Association.” (Please only book using this phone # or the link below to get the conference rate.) Here is the special link to make an online reservation:
<https://www.hilton.com/en/book/reservation/deeplink/?cityhcn=PHLGHT&groupCode=CDT&arrivaldate=2022-04-21&departuredate=2022-04-24&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

There will be a Meet & Greet on Friday night and a Banquet, with a dinner speaker, on Saturday night. In lieu of a registration fee, there will be a silent auction to raise funds to support the conference. We encourage every attendee to contribute to the silent auction and bid on the items donated.

The Conference brochure and registration form may be downloaded from the AVA Events web site or from the AVA Multi-Day Events (Fests) web site:
(https://my.ava.org/files/fest_brochures/ARC-2022-BrochureV8RegisterV4.pdf)

Tales from the Trails

Shiner, TX - Saturday, January 29, 2022 – *Taken from Susan Alton's Travel Bug Blog*

At 8:30 am, Susan Medlin picked me up. We had a 1-1/4 hour drive to Shiner, Texas, for our 10k walk this morning. By the time we got there at 9:45 am, it was in the 40s, still chilly. I had on my heavy winter coat, a sweatshirt, a T-shirt, jeans, and warm socks and shoes. We started at Harold's convenience store and immediately walked through a neighborhood. After we walked two miles, we shed our outer layer.

The Shiner area has remained a cotton and corn-producing region with ranching contributing greatly to the economy. The Spoetzel Brewery and their Shiner Beer have made the town a “household word” throughout Texas.



Just outside the first neighborhood, we encountered a small farm.



Shiner Cemetery
Next, we headed to and through the Shiner Cemetery. Some of the headstones and gravesites were quite old.



Bogy Creek
From there, we crossed over into Green-Dickson Park. A sandpiper flew overhead a number of times sounding the alarm as we passed by. There's a lot going on at this park: a community fishing lake, a Vietnam Veteran's Memorial, RV sites, putting green, picnic tables, a baseball park, restrooms, and some pretty benches along Bogy Creek.



Spoetzel Brewery

We headed uphill back toward town where we saw more neighborhoods, the Spoetzel Brewery, Saints Cyril and Methodius Catholic Church, and the historic downtown.

We did a lot of walking through neighborhoods on our way to the Spoetzel Brewery which makes Shiner Beer. Our walk today was supposed to start at the brewery and there would have been tours available. However, yesterday they shut the brewery down due to a COVID outbreak at the plant. We still walked to it, we just couldn't go inside.



Our next point of interest was the magnificent 1921 Saints Cyril and Methodius Catholic Church. Wow! Just look at the brickwork on this edifice! It's a red brick Romanesque Revival-style structure with painted murals and stained glass windows imported from Bavaria, Germany. I have never been inside the church, but I would love to take a tour if they offer them!

We continued back into the historic downtown. Earlier, we passed by the refurbished Opera House.

On the way back to Howard's Convenience Store, we walked around the block at Welhausen Park. It's a small community park that has Christmas lights starting December 1 each year.

The walk was billed as 11k, but both of our phones showed exactly 10k. Off we went to Gonzales for lunch at the Running M Bar & Grill!



Texas Traditional Events for

March 2022: (Please check the AVA website for any changes or cancellations)

3/12/2022 - 3/12/2022 - Walk

Event Number: 121178 10k/5k

Start: Parking Lot in rear of Llano County Historical Museum

Event City: Llano - Llano Earth Art Fest

Host Club: Volkssportverein Friedrichsburg

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

320 Morning Glory Drive
Fredericksburg, Tx 78624

Contact: David Roberts, (830) 992-7584

E-Mail: dloberts34@hotmail.com

Club Website: www.walktx.org/AVA1



13-14 Mar. Pi (e) Day Eisenhower Park the walk will be manned from 8-11 a.m. by the Roadrunners!

3/19/2022 - 3/19/2022 - Walk

Event Number: 121258 5/10K

Start: Center Point

Event City: Center Point - Center Point

Host Club: Hill Country Volkssportverein

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P O Box 822

Comfort, TX 78013

Contact: John Bohnert, (830) 496-1746

E-Mail: tinabohnert@gmail.com

3/26/2022 - 3/26/2022 - Walk

Event Number: 121329 10 km / 5 km

Start: Casa Linda Park

Event City: Dallas - Little Forest Hills

Host Club: Dallas Trekkers, Inc.

Event

Website: www.dallastrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1134 Thistle Dr

Mesquite, Tx 75149

Contact: Deborah Carter, (214) 549-0851

E-Mail: debwalk@earthlink.net

Club Website: www.dallastrekkers.org

RR - Best of the Heights Walk – 1/8/22



Inside the Corner Bakery Café in the Quarry market at the walk Start Point.



The walk trail through Quarry Village.



Doug Eide with Rudy & Gayle Weinraub with Dolly in front of St. Anthony de Padua Catholic Church on the walk route.



Volkssporters, Robert Theis, Sheri Logan, Gerry Kamicka and Linda Goodman after the walk.

Universal City Featured YRE-1/22/22



Audrey Vertucci, Jill Troyer, Sheri Logan, Linda Goodman & Gerry Kamicka at Northview Park start point.

