



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2021 – October 2021 No. 10
Next Meeting – 10/13/21

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Suzanne Markgraf 210-710-4842

Publicity:

Susan Alton daxkitten@aol.com

Sales: - OPEN-

Webmaster:

Randy Baker Randy826@gmail.com

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events: Boerne

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller 210-367-9342

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Helen Hull

Renewal Time

The following membership renewals are currently due:

The Ellison Family, Brenda Dever-Armstrong, Dorothy Creswell, Raul & Susan Soto, Janice Connor, William Hamilton, Joan Lyman, Linda Canas, Laurie Stiteler, Patricia Gunter and Gregory Young. To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o: RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.



OCTOBER 2021 NATIONAL VOLKSSPORT MONTH PATCH

NEW!! - RR Club Meetings:

Starting October, new club meeting day at 6:30 P.M. on the 2nd

Wednesday of every month at:

Universal City Library, 100 Northview Drive, Universal City, TX 78148.

Next meeting date:

Wednesday, October 13, 2021.

From the Desk of the Pres--

The following RR events are scheduled for 2021:

9 October Marquis Trail Head-Rim

26 Nov. Southside Lions Park

11 Dec. Boerne Christmas walk

Friedrich Park YRE and CrownRidge YRE are now ready in the start box at the Drury Inn at I-10 and 1604 along with the Eisenhower Park YRE, Salado-1604 YRE and the Leon Creek YRE walk and bike.

Any questions, please call Ellen at: 210-723-8574

“Thank you” to the folks who worked the Gonzales walk on Saturday September 18th:

Pat Gunter, Darlene Oner, Kathy and Mike Schwencke, Mike Hermes, Jill Troyer, Ted Cielak and John Ives. We had 59 walkers who all seemed to enjoy the town.



CONVENTION

COMMITTEE – JOHN McCLELLAN

Planning continues for hosting the 2023 IVV Olympiad in San Antonio, Texas. AVA: America’s Walking Club! will be hosting the first Olympiad ever to be held in North America!

Save The Dates! Our joint event – the IVV Olympiad and the existing IML Texas Trail Round Up, will take place back-to-back from 19-23 FEB and 24-26 FEB 2023. That’s a whole week of fantastic walks (from 5k – 42k), bikes and swims, in a once-in-a-lifetime international atmosphere. America’s Walking Club is bringing together the two largest international walking federations to bring these events to the USA. Who are they you ask?

The **INTERNATIONALER VOLKSSPORTVERBAND** – or International Federation of Popular Sports (IVV) – is the governing organization for volkssports, internationally, comprised of 3 geographic regions (Europe, Asia & the Americas), 31 national members and 10 countries with single (club) members.

America's Walking Club and all our member clubs are part of the IVV.

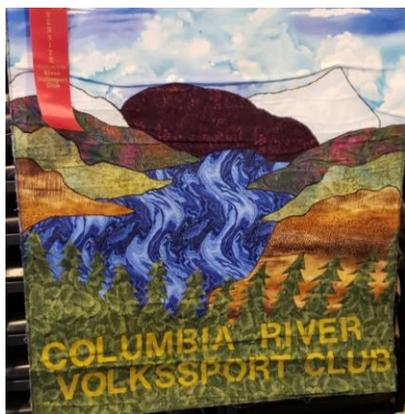
The IML Walking Association

(known until 2006 as the International Marching League) is a non-profit organization which promotes recreational walking in the form of international non-competitive multi-day walking events or "marches" in its member countries. There are 29 member nations holding IML events, including the United States with events hosted in Arlington, VA and San Antonio, TX.

Olympiad Facebook Page!

Please go to

www.facebook.com/2023IVVOlympiadUSA and "like" us! Invite your volkssporting friends and fellow club members to like us. Help us build awareness and excitement as we move towards 2023! Look for the latest on the joint Olympiad/IML events and answers to questions you may have.



Tales from the Trails – Columbia River Volkssport Association walking weekend in Bend, Oregon. - Friday, September 17, 2021

By: Susan Alton

The walk was a 10k Volksmarch along the Metolius River starting at Wizard Falls Fish Hatchery near Camp Sherman, Oregon. This walk was part of our Columbia River Volkssport Association walking weekend in Bend, Oregon.

When we started the walk, it was about 43 degrees, cloudy, and smoky. Sometime overnight Thursday, the smoke had rolled in from the West or there was an inversion that kept the smoke close to the ground.



Bob Alton along the river trail.

Our walk was so easy compared to Misery Ridge at Smith Rocks State Park. There were minimal elevation gains along the Metolius River. At times, we had to veer away from the river due to private property. Overall, it was a very nice walk. We walked up one side of the Metolius River, crossed a bridge, and walked down the other side.



Wizard Falls on the Metolius River

About three-quarters of the way on our hike, I hit the wall. Even though I had been drinking water, and had a granola bar, my body didn't want to keep going. We made it back to the truck and high-tailed it to the General Store in Camp Sherman for lunch. There were a few people waiting outside at picnic tables for their food. After ordering, we shopped a little in the store.

After lunch, we were going to do the 10k Tumalo Falls hike. I was still beat. Instead, Bob wanted to go to Tumalo State Park Day Use Area to do a 29k (18 mile) bike ride around high desert farmland. He had his bike in the back of the pick-up. I dropped him off. Then, I went back to the 5th wheel to shower and change clothes for our Meet & Mingle that night. When I was done, I went back and picked Bob up.

The Meet & Mingle theme was Dessert in the Desert. Four dessert stations were set up around the room: warm apple pie with ice cream (also pumpkin pie), a cookie and brownie table, a table with cakes, and a beverage table. We had such a nice time getting to know Nancy from Sacramento, California, and Jan from Longview, Washington.

We are so thankful to the Columbia River Volkssport Association for planning and bringing this wonderful walking weekend to fruition. Thank you for all the work that was put into this event!



2021 VOLKSSPORTING CLUBS OF SOUTHWEST TEXAS CALENDAR – Check before you walk due to COVID-19 Published 1 August 2021

October 2021:

SAT/02 – (2) HCV Bandera walk & VVF Hill Country Natural Area YRE Big Bend weekend:
TUE/05 to SUN/10 – WTX *Window Trail, *Blue Creek Trail, *Mule Ears Trail, *7 Spectacular Shorties (all at Big Bend)

SAT/09 –RRR Marquis Trail Head-Rim
SAT/16 –TXW cancelled
SAT/23 – SAP Coastal Weekend
SAT/30 & SUN/31– HCV Waring/Fish Fry on Sunday only.

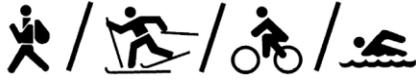


November 2021:

SAT/06 & SUN/07 NBW Wurstfest
FRI/12 – CRW Featured YRE Georgetown (afternoon) TVA Weekend
SAT/13 – CRW Canyon of the Eagles Walk and TVA Meeting
SUN/14 – CRW Featured YRE Round Rock (morning) TVA Weekend
SAT/20 – SAP TBD
FRI/26 – AVA Opt Out: All clubs
SAT/27 – HCV Comfort Christmas

To find information on the events listed here; go to ava.org, click on Events, click on Search Events, select the State (Texas), either a YRE or Traditional walk, the time period and hit Enter. Walks within

the next 90 days should have additional information on the website. If not, please call the POC for more details.



Texas Traditional Events for October, 2021: (Please check the AVA website for any changes or cancellations)

10/5/2021 - 10/10/2021 - Walk

Event Number: 118871 5k/10k

Start: Big Bend Resort and Adventures Motel

Event City: The Window Trail, Big Bend National Park - The Window Trail

Host Club: West Texas Trail Walkers

Event Website:

www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

12527 Fern Creek

San Antonio, TX 78253

Contact: Susan Medlin, (210) 325-3523

E-Mail: sueammed@aol.com

Club Website:

www.westtexastrailwalkers.org/Home.html

10/5/2021 - 10/10/2021 - Walk

Event Number: 118872 5k/20k

Start: Big Bend Resort and Adventures Motel

Event City: The Blue Creek Trail, Big Bend National Park - The Blue Creek Trail

Host Club: West Texas Trail Walkers

Event Website:

www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1635 Windmill Lane

Mesquite, TX 75149

Contact: Dianne Duke, (214) 368-9730

E-Mail: d.w.duke@live.com

Club Website:

www.westtexastrailwalkers.org/Home.html

10/5/2021 - 10/10/2021 - Walk

Event Number: 118873 6k, 10k, 14k

Start: Big Bend Resort and Adventures Motel

Event City: Fresno Divide Trail, Big Bend Ranch State Park - Fresno Divide Trail

Host Club: West Texas Trail Walkers

Event Website:

www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2334 Saharah Dr., Garland, TX 75044

Contact: Helen Hull, (972) 530-1026

E-Mail: helenthehun@yahoo.com

Club Website:

www.westtexastrailwalkers.org/Home.html

10/5/2021 - 10/10/2021 - Walk

Event Number: 118874 6k/10k

Start: Big Bend Resort and Adventures Motel

Event City: Mule Ears Trail, Big Bend National Park - Mule Ears Trail

Host Club: West Texas Trail Walkers

Event Website:

www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 1

Turkey, TX 79261

Contact: Berdelle Johnson, (806) 676-8344

E-Mail: mosomi@aol.com

Club Website:

www.westtexastrailwalkers.org/Home.html

10/5/2021 - 10/10/2021 - Walk

Event Number: 118875 2k up to 22k

Start: Big Bend Resort and Adventures Motel

Event City: Terlingua, TX - The Spectacular Shorties - Big Bend Area

Host Club: West Texas Trail Walkers

Event Website:

www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

8819 LONDON HEIGHTS

SAN ANTONIO, TX 78254

Contact: Susan Noonan, (210) 286-8897

E-Mail: susan.noonan@gmail.com

Club Website:

www.westtexastrailwalkers.org/Home.html

10/8/2021 - 10/8/2021 - Guided Walk

Event Number: 119348 10km

Start: Palo Duro Canyon State Park Lighthouse Trailhead

Event City: Canyon - Palo Duro

Canyon State Park

Host Club: International Wanderers

More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

PO Box 871000

Vancouver, WA 98682

Contact: Sierra Suits, (360) 260-9393

E-Mail: sierra@walkingadventures.com

Club Website:

www.walkingadventures.com

10/9/2021 - 10/9/2021 - Walk

Event Number: 118940 5k/10k

Start: Marquis Trail Head. NOT the trail head behind the shops on Vance Jackson

Event City: San Antonio - Marquis Trailhead/Rim

Host Club: Randolph Roadrunners

Event Website:

randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove

San Antonio, Tx 78213

Contact: Ellen Ott, (210) 723-8574

E-Mail: ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info

10/16/2021 - 10/16/2021 - Walk

Event Number: 118949 6/11k

Start: Brady's Coffee Shop

Event City: Tyler - Rose Festival

Host Club: East Texas Trekkers, Inc.

Event Website:

www.WalkTexas.org/EastTexasTrekkers

More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

2334 SAHARAH DR

GARLAND, TX 75044

Contact: Helen Hull, (972) 530-1026

E-Mail: helenthehun@yahoo.com

Club Website:

www.Walktx.org/EastTexasTrekkers/

10/23/2021 - 10/23/2021 - Walk

Event Number: 118895 10 km/ 6 km

Start: Thomas Place Community Center

Event City: Fort Worth - Arlington Heights

Host Club: Tarrant County Walkers

Event Website:

www.walktx.org/TarrantCountyWalkers

More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

917 Forest Oaks Lane

Hurst, TX 76053

Contact: Brooke Hudson, (817) 944-

5191

E-Mail:brooke_hudson@hotmail.com

Club Website:

www.walktx.org/TarrantCountyWalkers

s

10/30/2021 - 10/30/2021 - Walk

Event Number: 118997 10k/5k

Start: Mesquite City Lake Park

Pavilion

Event City: Mesquite - Meet Me in

Mesquite

Host Club: Dallas Trekkers, Inc.

Event Website:

www.DallasTrekkers.org

More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

1134 Thistle Dr., Mesquite, Tx 75149

Contact: Deborah Carter, (214) 549-

0851

E-Mail:debwalk@earthlink.net

Club Website: www.dallastrekkers.org

10/30/2021 - 10/31/2021 - Walk

Event Number: 119051 10K/5K

Start: Waring VFD Hall

Event City: Waring - Green Zoeller

Lane Trail

Host Club: Hill Country

Volkssportverein

More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

P O Box 822, Comfort, Texas 78013

Contact: John Bohnert, (830) 431-2850

E-Mail:tinabohnert@gmail.com



10/30/2021 - 10/31/2021 - Walk

Event Number: 119052 10K/5K

Start: Waring VFD Hall

Event City: Waring - Orange Welfare

Cafe Trail

Host Club: Hill Country

Volkssportverein

More Details:

[Click here for directions, ratings, etc.](#)

Write for more information to:

P O Box 822, Comfort, TX 78013

Contact: John Bohnert, (830) 431-2850

E-Mail:tinabohnert@gmail.com

Universal City SunRise Walk 7/17/21



John Ives, Pat Gunter and Ellen Ott at the registration and start point.



Workers and walkers at Taco Cabana start point.



Gayle Weinraub, Taylor Annino with Kona and Audrey Vertucci on the walk route.



UC Mural along the walk route.

***All Walk Photos Courtesy of Martin Callahan**

RANDOLPH ROADRUNNERS

PO Box 2744

Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal

New Member

Family member(s) included (see instructions below)

DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1

\$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year

\$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____