



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2019 – March 2019 No. 3
Next Meeting – 3/21/19

A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary

Pat Roberts 210-846-1801

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

----- Position Open-----

Sales:

David Prewitt 210-215-4388

Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

Year-round Events: DeZavala Daily Bread & Broadway Daily Bread, Leon Creek

Ellen Ott 210-723-8574

Year-round Events: Crownridge, Friedrich Park, Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Pat Roberts 210-846-1801

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director & TVA President

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:
Leslie & Miriam Ellison, Kat & Jaquelin Jalali, Brenda Jordan, Kathy Amen, Mary Ann Coe, Rebecca Craft, Mary Dierolf, Michelle & Mallore Miller, Desiree Ruiz, Marco & Angelina Argpnea, George Hext, Michael & Amy Modjeski and Nancy Fix Anderson.

To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

Welcome, New Members!

Irene Martinez-Ramirez San Antonio
Jimmy Young San Antonio
Donnie King Kerrville
Don & Kay Beir San Antonio

RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148. The next RR meeting is Thursday, March 21, 2019.

Kudos to the following walkers – Award info taken from TAW March, 2019.

Events:
175 events Susan Barnes
250 events Kathy Schwencke
275 events Deanna Repp
325 events Mike Schwencke
450 events Darren Medlin
475 events Mike Hermes
575 events Susan Alton
650 events John Ives
650 events Virginia Jones
850 events Priscilla Johnson
900 events Susan Medlin
1050 events Bart Marlal
2100 events Joanne Forinash

2400 events Ellen Ott

Distance:

4500 km Audrey Vertucci
6500 km Susan Medlin
35000km Patricia Heller

From the Desk of the Pres--



TTR Weekend 2/22, 2/23, 2/24.

The Holiday Inn Market Square was bustling with walkers from 17 states over the weekend.

The Friday downtown 5/10k walk had 155 participants.

On Saturday there were a total of 228 walkers with over 50 walking on the half marathon that reached to the farthest mission, Mission Espada.

Sunday brought out a total of 193 walkers who went north along the Museum Reach for the half marathon, and the 5 and 10k routes. The weather was perfect for walking especially for the northern folks who had joined us... it wasn't freezing and no snow.

At the May IML meeting in Belgium there will be a vote to see if the Texas Trail Roundup will become an IML event. We got a fair review, but the whole IML body of delegates has to vote before we will know.

Unlike most multi-weekend events there was an opening and closing session. On Friday at the opening the key note speaker was Ramon Vasquez, the executive director of the American Indians of Texas, who gave a very informative presentation. Did you know that in front of the Alamo there was a burial ground for native American Indians?

To close out the opening session the drum line, dance team and cheer leaders from John Paul Catholic School gave the walkers a rousing send off.

To all the Roadrunners and the house guest who worked the TTR weekend events, there cannot be enough thank you's. We were everywhere, check points for all 3 days, registration, sales, finish, command post, runner, hospitality... To all - a Big "THANK YOU!"



Friedrich Park Walk 2/2/19.

Although it was a dizzily, overcast day on Saturday 2 February, there were 42 walkers who participated in the featured year around event at Friedrich Park.

A special thank you to Pat Gunter and Susan Medlin for manning the registration and Ellen was the greeter. With the massive amount of people using the park, we talked to a lot of folks and passed out a lot of flyers. It seems Friedrich Park is the happening place on a Saturday morning!



Del Webb Cookie Walk - 2/9/19.

In spite of the Roadrunners being met with another gloomy, cold rainy day there were over 80 walkers at the Del Webb walk event.

The lucky folks who were inside were the following volunteer workers: Susan Alton, Pat Roberts and Pat Gunter on registration; Susan Ives, Cindi Meyer and Patricia Lagleder at the start table; Diana Battan, Susan Medlin and Heinz and Priscilla Johnson at the finish table; and David Prewitt and Joanne Forinash on Sales.

The folks who deserve extra cookies for working outside at a check point are Kathy and Mike Schwencke, Audrey Vertucci, Suzanne Markgraf, Ed Roberson, Jill Troyer and Andy Thomas. Susan Medlin was relieved by Mike Hermes at gate duty when the gate did not remain open as planned. And thank you to the trusty John Ives for making certain the check points were put up and taken down and for checking the walk routes. A BIG thank you to Mike Jones for designing the route and marking it and for his awesome display of Volksmarch medals.

And then there were the cookie bakers oh, my gosh! Definitely some winning entries for the county fair.

(Editor's Note: *Especially the oatmeal cookies with sea salt at the start table!*) Thank you to all for making the event a success in spite of the weather...
Ellen

Roadrunners 2019 Walk Schedule:

- 14 Mar. PI in the Park-Eisenhower
- 30 Mar. Land Heritage – rescheduled
- 17 May Beethoven Maennerchor
- 13 July Taco Cabana – place TBD
- 10 Aug. Taco Cabana – place TBD
- 7 Sept. Lazy U Ranch
- 5 Oct. Garden Ridge
- 16 Nov. OST downtown in conjunction With OST 100 Centennial
- 30 Nov. *Southside Lions Park featured YRE
- 14 Dec. Boerne Christmas walk
**Many other "jobs" available
*Ellen will cover staffing

Our RR Land Heritage walk is on 30 March. We will need workers for all the usual spots plus 2 check points. Hopefully, we will have good weather this time. Please let me know if you can work.

ellenott@sbcglobal.net

Susan Alton – RR Publicity

Effective at the end of February, I will not be continuing as Publicity Chair for the Roadrunners.

We will be traveling in our 5th wheel starting March 12, and will be traveling about eight months to the East Coast. Many places will not have internet

connectivity, and I will be spending my time hiking, walking, seeing state capitols, blogging, going to National Parks, historic sites, and disconnecting from responsibilities.

When we return in November (or who knows when?) if a publicity person is still needed, I will reconsider applying for the position.

I'm sorry we didn't get a chance to share any of our travels in the past couple of months at the RR meetings, but we will have LOTS of stories to tell when we get back.

I will miss you all. BUT I will see many of you at the AVA convention in Albany, NY, or the IML convention in Washington, D.C.

Walk on,
Susan Alton
daxkitten@aol.com (503) 789-9166
<https://travelbug-susan.blogspot.com>



Fun, Fitness, Friendship

AVA's Executive Director's

Henry Rosales

Exciting News! New AVA Membership Benefits for Lifetime and Associate Members GroupWorks

In an effort to grow AVA and streamline communication for all AVA Lifetime and Associate members we have decided to explore GroupWorks Membership management online platform. GroupWorks provides online tools in a simple to use format to enhance the following:

- Manage chapters and members via email group messaging and emails.
- Event management.
- Online Membership Payment and Renewal System.
- Share photos, videos, ideas and updates.
- Communicate with members, officers and board representatives across AVA.
- Secure sign in with user friendly experience on desktop and mobile.
- Engage with AVA Members on trips and events.

Complimentary for ALL AVA Lifetime and Associate Members!

During the month of March you will be receiving an email from me with a link to SIGN IN and a unique temporary password. PLEASE CLICK ON THE LINK AND USE YOUR EMAIL ADDRESS AND TEMPORARY PASSWORD TO SIGN IN. Once you log-in, you will find the shortcut to “AVA National Members” group in the upper left of the screen.

The AVA intends to use this group as place to communicate with all Lifetime and Associate Members about relevant news and upcoming events, as well as highlight accomplishments from within the AVA community. We also hope the AVA National Members group will serve as a forum our members to share their experiences and suggestions. In the coming weeks GroupWorks will host online demonstration webinars to help you get comfortable using the platform, should you like further assistance. Email notifications will be sent with dates, times, and login information for the webinars. The information will also be posted on the AVA website.



Communications—Samanta Sanchez

Champions for our Cause

Our goal for the 2019 Big Give is to raise \$78,000! In efforts to reach our goal, the AVA National team has signed up to fundraise on behalf of the organization through the Big Give’s *Peer to Peer Program*.

Join us and become a fundraiser champion for our cause during our annual Big Give campaign. Just visit our AVA profile on the Big Give website, click on the Fundraise button, create an account, log in, and personalize your profile. On your profile, you will be able to share a story on why you’re fundraising on behalf of AVA, set a fundraising goal, and invite

your family and friends to donate to your campaign. Donors will be able to make contributions starting the 21st of March. Individuals and clubs may also donate by sending a check to the AVA National Office through May 31, 2019. Remember the donations you receive through your personal campaign will count towards AVA’s overall amount raised, so spread the word!

If you need assistance creating or personalizing your page, please refer to this step by step handout by clicking here or send an email to samanta@ava.org. Note on subject line *Peer to Peer Help*. We are the champions for our cause. Keep America Walking!

Give Big, Win Big!

For the past two years, our Big Give donors have been eligible to win AVA prizes. This year is no exception and donors have a higher chance to win! AVA members who donate during the Big Give are eligible for the following prizes!

- For every 25 clubs that donate, one free traditional sanctioned event will be raffled.
- For every 50 unique donors, one 2019 or 2020 Starting Point Book will be raffled.
- One club and one individual will be the lucky winners of an all paid 2021 Convention Registration!

Save the date! Visit the Big Give website on **Thursday, March 28th** to make your contribution. Early giving will start March 21st and run through March 27th. You may also mail in your donations anytime through April 30th to the American Volkssport Association: 1001 Pat Booker Road, Suite 101, Universal City, TX 78148. Thank you for your support!



AVA Convention

The American Volkssport Association (AVA) invites you to its 2019 Convention and Biennial Meeting in Albany, NY., hosted by the Empire State Capital Volkssporters June 9-16. The [ESCV Convention site](#) contains all of the details and more about the

convention, its walk events, and the lovely city of Albany. There are 3 walks planned prior to the convention, 3 during the convention, and 2 after the convention. Also, there will be an evening Meet and Greet "Take me out to the Ballpark", Desserts and Music Evening, and a Closing Sit-Down Dinner followed by our National Speaker and the presentation of the AVA Awards to make for a very festive Closing for all. Afternoon workshops are planned, along with the convention business meetings.

The website should provide enough detail to allow you to pre-register for the convention. Simply go to the Pre-register page, fill out the form, and authorize the payment using your credit card. After your payment, please print out the waiver form, sign it and bring it to the convention with you. This will dramatically speed up your registration process at the convention. For questions, or more information, contact Lea Darling (convention@ava.org). All pre-convention, convention, and post-convention walk Credit fees will be \$3. Also, the convention's Bike and Swim Credit fees will be \$3.

A smooth running convention is helped with great volunteers. Please consider helping by signing up as a volunteer using the Volunteer tab on the website.



Texas Traditional Events and Featured YREs - March, 2019:

3/1/2019 - 3/1/2019 - Walk
Event Number: 113647 10/5km
Start: Grass lot beside the Czech Heritage Museum, 119 W. French Ave, Temple TX 76501. Park across the street in the church parking lot.
Event City: Temple - Historic Temple Texas

Host Club : Texas Volkssport Assn.
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 12527 Fern Creek
 San Antonio, Tx 78253
Contact: Susan Medlin, (210) 325-3523

E-Mail: sueammed@aol.com
Club Website: walktexas.org

3/2/2019 - 3/2/2019 - Walk
Event Number: 113625 5k/10k
Start: Cameron Park - Lover's Leap Overlook
Event City: Waco - Cameron Park
Host Club : Dallas Trekkers, Inc.
Event Website:
www.DallasTrekkers.org
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 2334 Saharah Drive
 Garland, TX 75044
Contact: Helen Hull, (972) 530-1026
E-Mail: helenthehun@yahoo.com
Club Website: www.dallastrekkers.org

3/9/2019 - 3/9/2019 - Walk
Event Number: 113755 TX
Start: Mrs. Lee's Daffodil Garden or the Derrick Pavilion in Gladewater depending on weather
Event City: Gladewater - Daffodils or Antiques
Host Club: East Texas Trekkers, Inc.
Event Website:
www.WalkTx.org/EastTexasTrekkers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 2334 Saharah Drive
 Garland, Tx 75044
Contact: Helen Hull, (972) 530-1026
E-Mail: helenthehun@yahoo.com
Club Website:
www.Walktx.org/EastTexasTrekkers/

3/9/2019 - 3/9/2019 - Walk
Event Number: 113438 10/5 Km
Start: Kissing Tree, 201 Kissing Tree Lane, San Marcos, TX 78666
Event City: San Marcos
Host Club : San Marcos River Walkers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 100 E. Laurel Ln.
 San Marcos, Tx 78666
Contact: Barbara Piersol, (512) 396-4463
E-Mail: bpiersol@grandecom.net



3/14/19 - Join the Randolph Roadrunners on a "Pi Day" walk in EISENHOWER PARK
19399 N.W. Military Hwy, 78257.

Exit 1604 on Military Highway. 2 miles to park entrance.
 Thursday, 14 March, 2019
 Start between 9:00 and 11:00 a.m.
11km/5km distances. The trails are rated 2C
 This is a lovely natural area, with improved trails through traditional hill country scenery. An observation tower is at the summit.
 The 11km is a hike! Hiking sticks and hiking boots recommended. Hills are involved. Carry your own water, bathrooms available. Dogs on leash only. There is a 3 km loop on pavement that is uphill but suitable for strollers and wheelchairs. All walkers pay \$3, which includes IVV credit.
FREE MINI-PIES FOR ALL WALKERS! Contact Ellen Ott, ellenott@sbcglobal.net to reserve your pie.

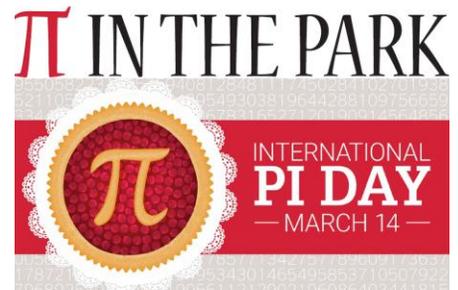
3/16/2019 - 3/16/2019 - Walk
Event Number: 113624 5km 10km
Start: Llano Earth Art Fest
Event City: Llano - Llano Earth Art Fest
Host Club:
 Volkssportverein Friedrichsburg
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 320 Morning Glory Drive
 Fredericksburg, TX 78624
Contact: David Roberts, (410) 693-9829
E-Mail: dloberts34@hotmail.com
Club Website: www.walktx.org/AVA1



3/23/2019 - 3/23/2019 - Walk
Event Number: 113643 13/10/5k
Start: Cypress Creek Community Center 1530 Stoneleigh Rd., Comfort TX 78013
Event City: Comfort - Cypress Creek Community Center, Comfort, Texas.
Host Club: Kerrville Trailblazers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 509 Fairway Dr.
 Kerrville, TX 78028
Contact: Carol Talpey, (830) 896-6395
E-Mail: talpeyc2@kctc.com
Club Website:
www.walktx.org/KerrvilleTrailblazers/

3/30/2019 - 3/30/2019 - Walk

Event Number: 113582 10km/5km
Start: Land Heritage Institute 1349 Neal Road
Event City: San Antonio 78264 - Land Heritage Institute
Host Club: Randolph Roadrunners
Event Website:
randolphroadrunners.info
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 11906 Pepperidge Cove
 San Antonio, TX 78213
Contact: Ellen Ott, (210) 723-8574
E-Mail: ellenott@sbcglobal.net
Club Website:
www.randolphroadrunners.info



Join the Randolph Roadrunners on a "Pi Day" walk in
EISENHOWER PARK
 Thursday, 14 March, 2019 | Start between 9:00 and 11:00 am
 11km/5km distances. The trails are rated 2C
 This is a lovely natural area with improved trails through traditional hill country scenery. An observation tower is at the summit. The 11km is a hike! Hiking sticks and hiking boots recommended. Hills are involved. Carry your own water, bathrooms available. Dogs on leash only. There is a 3km loop on pavement that is uphill but suitable for strollers and wheelchairs. All walkers pay \$3, which includes IVV credit. www.randolphroadrunners.info
 Eisenhower Park, 19399 N.W. Military Hwy, 78257.
 Exit 1604 on Military Highway 2 miles to park entrance.
FREE MINI-PIES FOR ALL WALKERS!
 Contact Ellen Ott, ellenott@sbcglobal.net to reserve your pie.
 COME WALK WITH US!    Randolph Roadrunners

Del Webb Cookie Walk 2/9



Walk Start Point



Cindy Myers, Ellen Ott and Susan Ives at the Start table.



Diane Deusterhoeft with Molly & Mike Phillips with Buddy next to a wishing well a little off the Del Webb walk trail.



Suzanne Markgraf & Audrey Vertucci working 1st checkpoint.



Gayle Weinraub & Tony Paulson getting stamped by Mike & Kathy Schwencke who worked the 1st checkpoint first shift.

TTR Weekend Walks – Hannibal Pianta Art Walk



Wayne Henry, Reuben & Marta Knappe, Henry Rosales (Executive Director of the AVA), and Gayle Weinraub at the Holiday Inn-Downtown Texas Trail Roundup Walk Fest event command center.



the Lion Mural by famous artist Jessie Trevino taken before entering the El Mercado on the way to the finish.

*Photos courtesy of Martin Callahan



Susan with Q-Tip & Joe Noonan and Andy Thomas working the check point next to El Mercado entrance.



Irene Martinez Ramirez with Rudy, Dee Repp with Dolly, and Sandra Bliss stop along the 10k walk trail under a sculpture by Hannibal Pianta at the entrance to the Aztec Theater.

RANDOLPH ROADRUNNERS

PO Box 2744

Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

Address _____ Apt No. _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____