

# the ROADRUNNER



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2008 No. 6  
Next Meeting June 17, 2008  
7:00 p.m. at the Universal City Library,  
100 Northview Dr., Universal City  
A member of the American Volkssport  
Association (AVA) & the International  
Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners  
Volkssport Club**  
A Walking Club Established 1980  
PO Box 2744  
Universal City, TX 78148-1744  
*Elected Officers*

**President**  
Ellen Ott 210-525-8574  
**Vice President**  
Totsy Miller 210-648-0637  
**Treasurer**  
Pat Gunter 210-479-0805  
**Secretary**  
Suzanne Markgraf 210-651-9378

#### *Committee Chairs*

**Membership**  
Nancy Paulson 210-658-8324  
**Programs**  
Ellen Ott 210-525-8574  
**Publicity**  
Alan & Gloria Mick 210-659-5402  
**Sales**  
Joanne Forinash 210-493-8543  
**Webmaster**  
Randy Baker 210-369-9538  
**Newsletter**  
Audrey Vertucci – AudreyVe@aol.com  
210-496-2197  
**Year-round Events, Boerne**  
Larry Cook 210-525-8900  
**Year-round Events, Universal City**  
Carlen Forinash 210-493-8543  
**Year-round Events, San Antonio**  
Tony Paulson 210-658-8324

rrvc44@yahoo.com  
*Club Website*  
www.geocities.com/  
randolphroadrunners/

*Event Information*  
1-800-830-WALK

*TVA Website*  
http://walktexas.org/  
**SW Regional Director**  
Heinz Johnson 830-980-5723  
San Antonio, TX  
swrd@gvyc.com

## Renewal Time

The following membership renewals are currently due:  
**Stella Morado-Cahue, Janel Bacote, Mervin Buss, Ramona Cain-Parent, Dorothy & George Contreras, Art & Alma Dominguez, Ben & Carol Killian, Joan Lyman, Caroline Moody, Polly Ruppert, Lisa & Claude Veale, Irene Pantoja, Betty Berry, Polly Anderson, Georgeann Bodnar, Joe and Gloria Garcia, Herbert Laing, Angela Matey, Jim & Dee Momone, Magdalena Olson, David Osinski, Raul & Susan Soto, and Hilda Vazquez.**

Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached or print one from the following website address: [www.geocities.com/RandolphRoadrunners/membership.html](http://www.geocities.com/RandolphRoadrunners/membership.html) and send it with your fees to Nancy Paulson c/o the club address.

## MEETING PLACE & DATE:

The next RR club meeting will be held at the Universal City Library, 100 Northview Drive which is one block west of the AVA with the side of the library on Pat Booker Rd.

Our next meeting date is June 17<sup>th</sup> and we will meet on the third (3<sup>rd</sup>) Tuesday of each month until further notice.

## FOR ALL TEXAS VOLKSSPORT CLUBS:

The following changes/additions were recently made:  
YRE SW08/Y0201 Waxahachie-Historic walks.

The Rogers Hotel, site of the Start & Finish for this event, recently had a fire and suffered structural damage. The hotel is now closed. Therefore, this YRE is temporarily closed.

Action is now underway by Dallas Trekkers Club Officials to relocate the

event. Once this has been accomplished and the event re-opened, you will be notified.

*Heinz Johnson  
Director, Southwest Region  
American Volkssport Association*

## Mailing to Iraq

At our last meeting, the membership decided to collect items to send in a package to Sarah Garcia the volksmarcher from Killeen, Texas who is in Iraq. She said she didn't need anything, but we thought a package to let her know we are thinking of her would be appropriate. She can share this package with others. Thanks,

*Ellen*



## Mitchell Lake Birdathon

The Mitchell Lake Birdathon was a great success! Thank you Ellen for your sponsorship! It was a great event and one that will exceed our goals. We had many first-timers who had a marvelous experience. I wanted to share some of my Birdathon list with you. It was a good morning! Many thanks.

**Susan Albert**, Center Director  
Mitchell Lake Audubon Center  
10750 Pleasanton Rd., San Antonio,  
TX 78221 – (210)-628-1639  
[www.mitchelllakeaudubon.org](http://www.mitchelllakeaudubon.org)

Least Grebe	Ruddy duck
Eared Grebe	Black Vulture
Cattle Egret	Turkey vulture
Snowy Egret	Crested caracara
Great Egret	Common moorhen
Little blue heron	American Coot
Green heron	Lesser scaup

White faced ibis	Least sandpiper
Northern pintail	Killdeer
American white pelican	
Blue winged teal	Greater yellowlegs
Green winged teal	Lesser yellowlegs
Ring-necked duck	Franklin's gull
Black-necked stilt	Northern shoveler
Baird's sandpiper	Pectoral sandpiper
Long-billed dowitcher	Cormorant
Wilson's phalarope	White Wing Dove
Mourning Dove	Yellow warbler
Common Ground Dove	Chimney swift
Black-chinned hummingbird	
Ladder-backed woodpecker	
Western Kingbird	Eastern kingbird
Scissor tailed flycatcher	Purple martin
Banks swallow	Cave swallow
Barn swallow	Bewick's wren
Northern mockingbird	European starling
Northern Cardinal	Clay color sparrow
Great Tailed Grackle	Common Grackle
Brown-headed cowbird	Orchard oriole
House Finch	Lesser goldfinch
House Sparrow	Spotted Sandpiper

## King William Walk, 5/16



2<sup>nd</sup> checkpoint – Gazebo on King William Street



San Antonio Art League



## AVA Checkpoint Notes:

### TAW Deadline

The deadline for the August, 2008 issue of *The American Wanderer* is June 25. All articles and photographs should be submitted directly to: The American Wanderer, Laurel Parrott, Editor, 3526 Humboldt Ave. N., Minneapolis, MN 55412, email TAW@bhi.com Be sure to include "TAW" in the subject line of the email.

### Call for Agenda Items – NEC Meeting

The next meeting of the National Executive Council will be June 21, 2008 in Des Moines, IA. It will be held in the Renaissance Savery Hotel. All interested parties are invited to attend. The hotel is offering a special rate for anyone attending the meeting. For reservations call 800-514-4706 and ask for the AVA rate. Clubs that have items for the agenda should send those to their Regional Director for receipt no later than April 22, 2008.

### Your Photos Needed

Do you have photos that would be appropriate for the AVA web page? If so, please email them to us at [avahq@ava.org](mailto:avahq@ava.org). We cannot guarantee that every photo we receive will be used but we would like to change it out frequently.

### 2009 Convention News

#### Wanted: Interesting and Inspiring Speakers

The 2009 AVA Convention Workshop Committee is looking for speakers to conduct workshops on the following general topics:

AVA Event Sanctioning Process  
Club Officer Training

Completing Administrative Reports  
Creating Effective Publicity  
Team Building  
Using GPS While Developing Trails  
How to Put Fun in Clubs  
Designing Quality Events

Your ideas for any other topics geared to the growth of the AVA are also welcome. All ideas will be considered. Please reply before September 1, 2008 with background about yourself and an outline of your topic for consideration.

Speakers and their topics will be announced approximately December 1, 2008.

**Snail Mail:** AVA 2009 Workshops Committee, PO Box 835152, Richardson, TX 75083

**Email:** [dahv@earthlink.net](mailto:dahv@earthlink.net)

### 2009 Convention Silent Auction

With the Convention a year away, it's not too early to start thinking about donations from your club for the Silent Auction. In the past, there have been many wonderful regional baskets full of delightful items; however, they are hard to transport home. Please consider items that are smaller and easier for participants to transport.

Direct any questions regarding the Silent Auction to: Ellen Ott at [ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net)



## Be a Part of the 2009 AVA Convention

**2009 Convention Positions.** The 2007 AVA Convention will need many volunteers to help events run smoothly. You can sign up now. Please help make this a fun Convention for all. To volunteer, send an email to: [David and Deborah](mailto:David and Deborah) ([dahv@earthlink.net](mailto:dahv@earthlink.net)).

Here are the things that the Volunteer Coordinator needs to know:

Full name and mailing address  
Email address



Cell phone (and if you will be able to be contacted at that number during the Convention)  
Other phone  
Dates available  
Times available  
Your club affiliation

## **AVA Special Programs America's Artistic Heritage Program**

Runs January 1, 2009 through 2011.  
Cost is \$10. Criteria: Participate in 25 different sanctioned events where the route passes an active or historic community theatre, opera house or fine arts museum; previous or current home of an organized ensemble; site of historic, annual or pivotal art fair or musical "happening" or festival; designated or named artistic arena/venue; or home/statue of an American composer, playwright or performing artist. If you find the connection, it counts. Point of Contact, Lois Head, Central Minnesota Volkssports, PO Box 2162 St. Cloud, MN 56301-2162. Email [lmhead@stcloudstate.edu](mailto:lmhead@stcloudstate.edu) or phone (320)252-7348.

## **Celebrate America's Gardens: Public Flower Gardens and Flower Festivals Program**

Runs January 1, 2009 through 2011.  
Criteria: Participate in 20 different sanctioned events where the route actually utilizes the pathways of a named flower garden open to the public. Private gardens open to the public only on specific dates can count if the regular walk event is also scheduled on those same days. For seasonal and year-round events, the gardens must be open to the public on all applicable days to count. Arboretums, plantations, botanical gardens and parks containing named gardens may also be considered. Routes that include temporary display gardens set up for the occasion of a public flower festival count only during the actual days of the festival. Send \$10 for booklet to : Lois Head, Central Minnesota Volkssports, and PO Box 2162, St. Cloud, MN 56302-2162. Point of Contact, Lois, email [lmhead@stcloudstate.edu](mailto:lmhead@stcloudstate.edu) or phone (320)252-7348.

## **Veteran Memorials Program**

January 1, 2009 through December 31, 2012. To qualify for 4"x4" square 100% embroidered patch you must walk by 30 YRE or scheduled events that pass a veterans statue/memorial/monument. Please click on link for details. Send \$10 to Holy Family Walkers, 1714 NW 49th Street, Lawton, OK 73505-3241. Contact Sharon L. Snyder, (580) 357-2930, email [walkingfan@aol.com](mailto:walkingfan@aol.com) or Debra Leffler, (580) 355-6949, email [debra6949@sbcglobal.net](mailto:debra6949@sbcglobal.net)

## **Walkin' Waterfalls Program**

January 1, 2009 through December 31, 2011. Walk 12 AVA sanctioned events that include the sighting of a natural waterfall qualifies for this program. Natural waterfalls do not include man-made spillways, dams or fountains. there must be 12 different events, which can not be repeated, but not necessarily 12 different waterfalls. Participants receive a multi-colored patch and certificate of achievement. Sponsored by the Finger Lakes Region Volkssport Club. The Walkin' Waterfalls event book is \$10, *on sale starting October, 2008*. Make checks payable to: FLRVC. Point of Contact, Colleen Hailey, 413 Rayelene Drive, Vestal, NY 13850.

## **Coming Texas Events:**

5/31/2008 - 6/1/2008 - Walk  
**Event Number:** 80798 5K & 10K  
**Start:** Inks Lake State Park  
**Event City:** Burnet

**Host Club:** Selma Pathfinders  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

17314 Springhill Dr  
San Antonio, TX 78232

**Contact:** Phyllis Eagan, (210) 496 - 1402

**E-Mail:** [papre1947@yahoo.com](mailto:papre1947@yahoo.com)

**Club Website:**

[www.geocities.com/Yosemite/Gorge/8195](http://www.geocities.com/Yosemite/Gorge/8195)

6/7/2008 - 6/7/2008 - Guided Night Walk

**Event Number:** 80301 - 10K

**Start:** Omni Mandalay Hotel at Las Colinas

**Event City:** Irving

**Host Club:** Star Trekkers of Irving

## **Event Website:**

[www.starttrekkers.org/events/20080607\\_lascolinas.pdf](http://www.starttrekkers.org/events/20080607_lascolinas.pdf)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

217 Chamberlain, Irving, TX 75060  
**Contact:** Gary Whitford, (214) 536 - 9756

**E-Mail:** [grwhitford@gmail.com](mailto:grwhitford@gmail.com)

**Club Website:** [www.starttrekkers.org](http://www.starttrekkers.org)

6/7/2008 - 6/7/2008 - Walk

**Event Number:** 80683 10 k & 5k

**Start:** Terry Hershey Park

**Event City:** Houston

**Host Club:** Houston Happy Hikers

**Event Website:**

[houstonhappyhikers.org](http://houstonhappyhikers.org)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

P. O. Box 101, Orchard, TX 77464

**Contact:** Catherine Kellner, (979) 478 - 6203

**Email:**

[hphpresident@houstonhappyhikers.org](mailto:hphpresident@houstonhappyhikers.org)

**Club Website:**

[www.houstonhappyhikers.org/](http://www.houstonhappyhikers.org/)

6/14/2008 - 6/14/2008 - Swim

**Event Number:** 80032 300 meters

**Start:** Lady Bird Johnson Park, S. State Highway 16

**Event City:** Fredericksburg

**Host Club:** Volkssportverein

Friedrichsburg

**Event Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

207 E. Creekview Dr.

Fredericksburg, TX 78624

**Contact:** Joyce O'Rear, (830) 992 - 2053

**E-Mail:** [tnjocole@austin.rr.com](mailto:tnjocole@austin.rr.com)

**Club Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

6/14/2008 - 6/14/2008 - Walk

**Event Number:** 80031 14k-10k-5k

**Start:** Trudy Brune SPCA Building, 2981 S. State Hwy 16

**Event City:** Fredericksburg

**Host Club:** Volkssportverein

Friedrichsburg

**Event Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

207 E. Creekview Dr.  
Fredericksburg, TX 78624  
**Contact:** Joyce O'Rear, (830) 992 -  
2053  
**E-Mail:**[tnjocole@austin.rr.com](mailto:tnjocole@austin.rr.com)  
**Club Website:**  
[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

### ***Carpooling to Events-***

If anyone is interested in carpooling to  
any of the walks or meetings, please  
contact David Toth, 521-8684, or  
E-mail [dntoth@scbglobal.net](mailto:dntoth@scbglobal.net).  
It's never too early to start planning  
for the Dallas AVA convention in  
2009

**RANDOLPH ROADRUNNERS**  
PO Box 2744  
Universal City TX **78148-1744**

#### **RANDOLPH ROADRUNNERS APPLICATION**

PO Box 2744, Universal City TX 78148-1744

Please check applicable box(es):

☐ Renewal

☐ New Member

☐ Family member(s) included (see instructions below)

DATE \_\_\_\_\_

Name \_\_\_\_\_

#### **NEW MEMBER FEE:**

\$4.00 for 1 year

\$10.00 for three years

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Address \_\_\_\_\_

Apt No. \_\_\_\_\_

#### **RENEWAL FEE:**

\$4.00 for one year

\$10.00 for three years

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone number \_\_\_\_\_

AVA Volkssport Associate Yes / No

E-mail address \_\_\_\_\_

Family members \_\_\_\_\_

Eager to serve as club officer \_\_\_\_\_ committee chair \_\_\_\_\_

Amount submitted \$ \_\_\_\_\_