



## Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2007 No. 6  
 Next Meeting June 5, 2007  
 7:00 p.m. at the Golden Corral  
 Restaurant, Universal City  
 A member of the American Volkssport  
 Association (AVA) & the International  
 Federation of Popular Sports (IVV)  
 The Public is always welcome

**Randolph Roadrunners  
 Volkssport Club**  
**A Walking Club Established 1980**  
**PO Box 2744**  
**Universal City, TX 78148-1744**  
*Elected Officers*

*President*  
**Ellen Ott 210-525-8574**  
*Vice President*  
**Totsy Miller 210-648-0637**  
*Treasurer*  
**Pat Gunter 210-479-0805**  
*Secretary*  
**Suzanne Markgraf 210-651-9378**

### *Committee Chairs*

*Membership*  
**Nancy Paulson 210-658-8324**  
*Programs*  
**Ellen Ott 210-525-8574**  
*Publicity*  
**Alan & Gloria Mick 210-659-5402**  
*Sales*  
**Joanne Forinash 210-493-8543**  
*Webmaster*  
**Randy Baker 210-369-9538**  
*Newsletter*  
**Audrey Vertucci – AudreyVe@aol.com**  
**210-496-2197**

*Year-round Events, Boerne*  
**Larry Cook 210-525-8900**  
*Year-round Events, Universal City*  
**Carlen Forinash 210-493-8543**  
*Year-round Events, San Antonio*  
**Tony Paulson 210-658-8324**

### *E-mail*

[rrvc44@yahoo.com](mailto:rrvc44@yahoo.com)

### *Website*

[www.geocities.com/  
 randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

### *Event Information*

**1-800-830-WALK**

### *TVA Website*

<http://walktexas.org/>

### *European AVA Liaison*

**Hans-Dieter Fuhr**  
 Wiesbaden, Germany  
 Tel. & Fax 0611 / 66894  
[Hans-D.Fuhr@t-online.de](mailto:Hans-D.Fuhr@t-online.de)

## Renewal Time

The following membership renewals are currently due:  
**Barbara Fitzgerald, Richard & Henrietta Harrison, Gerda van Impelen, Randi Jones, Karen & Jonathan Marsh, The Arrendondo family, Sheryl Babiak, Diana Carroll, Malcolm & Barbara Carter, Luz Craven, Nancy & Fred Riley, The Smart family, and Mary & Michael Walker**

Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached or print one from the following website address:  
[www.geocities.com/RandolphRoadrunners/membership.html](http://www.geocities.com/RandolphRoadrunners/membership.html) and send it with your fees to Nancy Paulson c/o the club address.

## Welcome New Members!

Georgeann Bodnar  
 Magdalena Olson  
 David M. Osinski  
 Please feel welcome to be active in your club!

## Beethoven Event

What a great turnout! We had 182 walkers, which a record for this event. Many thanks to the following volunteers for their time and energy:  
 Larry Cook, Jan Heyer, Suzy Krisak, Totsy Miller, Joan Whealen, Bilita and Don VanCleave, Alan and Gloria Mick, Molly and Mike Ley, Frankie Sorrell, Don Johnson, Joe Gustis, Pat Gunter, Darlene Oner, Heinz Johnson, David Toth, Randy Baker and Ellen Ott.

## Newsletter Vacation

It was decided at the May RR meeting that we will give the newsletter the summer off! July and August will not be sent and the next issue will be in sent in September.

## Disney World II

Plans are in place for the Disneyland Resort Volkssport Days on the Wednesday just before the convention starts in Sacramento, California.

We have also set the dates for our next walk in Walt Disney World Resort in Orlando, Florida for the Friday thru Sunday after Thanksgiving in November 2007. We hope that you will want to join us for this SECOND Volkssport Weekend in Walt Disney World Resort.

All travel arrangements for both events are being handled by GETTravel on our behalf; just go to there website [www.GETTravel.com](http://www.GETTravel.com) and click on the AVA symbol for more information. The PACKAGES are for the land portion of the events, but I am sure they can help you with travel arrangements as well should you need that. I hope to see many of you in both California and in Florida.

*David N. Toth, President*  
 Trinity Trekker Volkssports

## Coming Texas Events:

6/2/2007 - 6/2/2007 - Walk  
**Event Number:** 77541 10 km  
**Start:** Terry Hershey Park  
**Event City:** Houston  
**Host Club:** Houston Happy Hikers  
**Event Website:**  
[www.houstonhappyhikers.org](http://www.houstonhappyhikers.org)  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**  
 P. O. Box 101, Orchard, TX 77464  
**Contact:** Catherine Kellner, (979)478 - 6203  
**Email:** [hhhpresident@houstonhappyhikers.org](mailto:hhhpresident@houstonhappyhikers.org)  
**Club Website:**  
[www.houstonhappyhikers.org/](http://www.houstonhappyhikers.org/)

6/2/2007 - 6/2/2007 - Walk  
**Event Number:** 77447 5km/10km  
**Start:** Pam's Patio Kitchen (Wurzbach and Lockhill Selma)  
**Event City:** San Antonio  
**Host Club:** Randolph Roadrunners

**Event Website:**

[www.geocities.com/randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

11906 Pepperidge Cove

San Antonio, TX 78213

**Contact:** Ellen Ott, (210) 525 - 8574

**E-Mail:** [ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net)

**Club Website:**

[www.geocities.com/randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

6/9/2007 - 6/9/2007 - Walk

**Event Number:** 77005 10km/5km

**Start:** Timber & Stone Restorations (Antique Log Cabins), Fredericksburg, TX

**Event City:** Fredericksburg

**Host Club:** Volkssportverein Friedrichsburg

**Event Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

207 E. Creekview Dr.

Fredericksburg, TX 78624

**Contact:** Joyce O'Rear, (830) 992 - 2053

**E-Mail:** [tnjocole@austin.rr.com](mailto:tnjocole@austin.rr.com)

**Club Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

6/9/2007 - 6/9/2007 - Swim

**Event Number:** 77006 300 meters

**Start:** Lady Bird Johnson Park

**Event City:** Fredericksburg

**Host Club:** Volkssportverein Friedrichsburg

**Event Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

207 E. Creekview Dr.

Fredericksburg, TX 78624

**Contact:** Joyce O'Rear, (830) 992 - 2053

**E-Mail:** [tnjocole@austin.rr.com](mailto:tnjocole@austin.rr.com)

**Club Website:**

[www.walktx.org/AVA1](http://www.walktx.org/AVA1)

7/21/2007 - 7/21/2007 - Walk

**Event Number:** 77286 10km

**Start:** A.R. Schell Park Picnic Shelter, 2800 N. Jupiter Rd

**Event City:** Plano

**Host Club:** Plano Walking Club

**Event Website:**

[www.walktx.org/planowalkingclub](http://www.walktx.org/planowalkingclub)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

704 South Grove Road

Richardson, TX 75081

**Contact:** Kitty Simmons, (972) 231 - 6518

**E-Mail:** [dona7112@sbcglobal.net](mailto:dona7112@sbcglobal.net)

**Club Website:**

[www.walktx.org/planowalkingclub](http://www.walktx.org/planowalkingclub)

8/5/2007 - 8/5/2007 - Walk

**Event Number:** 77789 10km

**Start:** Holiday Inn Market Place

**Event City:** San Antonio

**Host Club:** Trinity Trekkers

**Event Website:**

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

8463 Romney

San Antonio, TX 78254

**Contact:** David N. Toth, (210) 521-8684

**E-Mail:** [trintrek@sbcglobal.net](mailto:trintrek@sbcglobal.net)

8/18/2007 - 8/18/2007 - Walk

**Event Number:** 77713 10 km

**Start:** Medina River Park Office, 15890 Texas Highway 16 South, San Antonio, TX

**Event City:** San Antonio

**Host Club:** Selma Pathfinders

**Event Website:**

<http://www.geocities.com/Yosemite/Gorge/8195/>

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

P.O. Box 700946

San Antonio, TX 78270-0946

**Contact:** Phyllis Eagan, (210) 496 - 1402

**E-Mail:** [milchene@juno.com](mailto:milchene@juno.com)

**Club Website:**

[www.geocities.com/Yosemite/Gorge/8195](http://www.geocities.com/Yosemite/Gorge/8195)

## **Results and Photos- Vancouver Discovery Walk Festival**

Thanks to the almost 2000 walkers, bikers and swimmers completing 2733 events who made the 2007 Vancouver International Discovery Walk Festival a great success.

Photos are now available from the 2007 Vancouver Discovery Walk April 27-29! This year Evan Pilchik Photography aimed to snap photos of every walker and biker on Saturday

and Sunday, so come see yourself and your friends out walking!

Your pictures are now available for viewing at:

<http://www.backprint.com/go.asp?19489394> and at

<http://www.backprint.com/evanpilchik>

Results (hand count of start cards):

Friday Mayor's Walk: 622

Saturday Walk: 1231

Saturday Bike: 114

Saturday Swims: 125

Sunday Walk: 641

Total: 2733

We issued 1993 bib numbers, which gives us a fairly good count of how many individuals attended. I still have a stack of 700 start forms to enter into the database before we have complete statistics, which we publish on the Discovery Walk web site.

<http://www.discoverywalk.org>

Changes for 2008:

To keep improving the event for both the participants and volunteers, we try new things each year. Expect some further announcements, but these items are being changed:

1. The bike and the swim will move to Sunday. We will continue to be able to use the Hough Pool and the assistance of the Vancouver Bicycle Club.
2. The fees and deadlines are changing. Earlybird registration will be \$5 per event through Nov. 1, including the swims, which will now have a medal as the bike and walk do. The swim fee includes both the medal and two IVV event credits, so you only have to pay once for the swim, not twice, if you want two IVV events. Discount registration will be \$8 through March 15, and the regular rate after March 15 and at the event will be \$10 per event.
3. Group Discounts: Buy a group packet of 10 events for \$50 until March 15. You can split that between friends however you desire - 1 walk each, 2, 3, it's up to you.
4. Team Awards: Teams of 10 or more people can register their team and receive a Team Award plaque, as well as the group discount. There will be a deadline for being able to get a plaque. Many thanks, see you on the trail!

Wendy Bumgardner  
Discovery Walk Festival

## IRS Q&A by Bob Wright

Have a question or comments? Send them to Bob at:

rcwright\_va@adelphia.net

**Disclaimer:** Bob is not a tax professional and voluntarily spends his time to research, compile and write this column giving general guidance and advice. AVA clubs should always check with a professional when faced with an accounting or tax-related decision.

May members deduct expenses incurred in service to our club at income tax time?

Yes, provided certain conditions are met. Are you a 501(C)(3) tax-exempt organization? If your club has a determination letter to this effect from the IRS or is covered by the AVA's group exemption (you got a letter from Jackie Wilson last August), you qualify. Should you have a different determination from the IRS, e.g., as a 501(c)(4), or none whatsoever, you are not eligible.

Only if you itemize deductions, may you claim deductions for expenses provided in giving service (i.e., volunteer work) to a 501(c)(3) organization on Schedule A, Gifts to Charity section. Deductions are subject to associated IRS rules.

What are the rules for out-of-pocket expenses? They must be unreimbursed, directly connected with giving service, only incurred because of the services you gave, and not personal, living, or family expenses. (If you receive a daily stipend for a meeting that exceeds your actual expenses, you must declare the excess as income.)

Okay, so what out-of-pocket expenses are deductible?

As a delegate for your club to the AVA convention. This includes travel and transportation, and a reasonable amount for meals and lodging, but not for sightseeing, entertainment, or other family members. Retain your receipts; those not reimbursed by a club or clubs are eligible for deduction next year. (Refer back to February's Q&A for a discussion of delegate expenses and reasonable amounts.)

The cost of travel to/from your place of volunteering (actual costs or 14¢

per mile) plus parking and tolls. Car travel has additional conditions.

You may not claim unreimbursed expenses for upkeep and maintenance, insurance, repairs, depreciation, or registration fees. There must be no significant element of personal pleasure, recreation, or vacation involved. You must be on duty in a genuine and substantial sense throughout the trip. If you have only nominal duties, or if significant parts of the trip involve no duties, you may not deduct your travel expenses.

What's not deductible? Examples: the value of your time; a babysitter or child care while you are volunteering.

Be sure you keep reliable written records. For expenses under \$250, a canceled check, receipt from the organization with the date of the donation and amount, or other reliable record (i.e., a personal record kept regularly and updated at the time of the donation or shortly thereafter) with the same information. If an individual expense exceeds \$250, you need a written acknowledgement from the organization substantiating the donation (date, amount, whether or not reimbursement was received in whole or in part, a description and good faith estimate of the value).

When do you need written acknowledgement from your club?

If you attend state association meetings as a delegate and for each your mileage (at \$0.14/mile) plus a reasonable amount for lunch does not exceed \$250, you do not need it.

If you attend the AVA convention as a delegate and your unreimbursed expenses exceed \$250, you must get an acknowledgement.

If your total unreimbursed expenses for the year exceed \$250, but no single expense in your records exceeds \$250, you do not need it.

For car travel your reliable written record would include the date, name of organization, and, if claiming the standard mileage deduction, the number of miles. If you claim actual expenses, you must show the costs directly related to the charitable purpose.

For club members who plan and/or maintain year-round, seasonal, and weekend events, the following examples from the IRS deserve your attention:

You work for several hours each morning on an archeological dig sponsored by a charitable organization. The rest of the day is free for recreation and sightseeing. You cannot take a charitable contribution deduction even though you work very hard during those few hours.

You spend the entire day attending a charitable organization's regional meeting as a chosen representative. In the evening you go to the theater. You can claim your travel expenses as charitable contributions, but you cannot claim the cost of your evening at the theater.

If you don't have them yet, obtain IRS Publications 526, Charitable Contributions, and 1771, Charitable Contributions Substantiation and Disclosure Requirements for your reference.

## **Lewis and Clark Special Program Update**

A reminder that the Lewis and Clark Special Program will cease to operate as of December 31, 2007. Anyone currently enrolled will have until that time to complete the program and submit their books for issuance of the Special Program Award. No Awards are guaranteed after December 31.

Currently, there are 332 enrollees out there who have not completed the program or, at least, have not submitted their completed books. We encourage all 332 to make every effort to complete this fabulous journey.

Get on the Lewis and Clark National Historic Trail, folks, there is no other like it.

Jim Jones, Administrator, 1404 Vicksburg Drive, Belleville, IL 62221  
[blueeagle1000@yahoo.com](mailto:blueeagle1000@yahoo.com).

## Juneau Walk

Please be aware that there is a new start point in Juneau. Due to unforeseen circumstances earlier in January we lost our start point. However Ken Grieser our treasurer found a new one and it is operational.

The new start point is at the Friends of the Alaska State Museum, located on 124 Seward Street. The Store opens at 10:30 am and closes at 06:30 pm.

NOTE: If you know that your vessel arrives before the store opening, PLEASE contact Ken Grieser Tell:

253-874-4805, e-mail [grieserkc@aol.com](mailto:grieserkc@aol.com). or contact me (Skip) at 253-946-5397 or [s.probst@comcast.net](mailto:s.probst@comcast.net) If you get the message machine, please leave a phone number so we can return your call. We will make every effort to assist any walker or group in completing this event.

Skip Probst

**RANDOLPH ROADRUNNERS**  
PO Box 2744  
Universal City TX **78148-1744**

### RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box(es):

☐ Renewal

☐ New Member

☐ Family member(s) included (see instructions below)

DATE \_\_\_\_\_

Name \_\_\_\_\_

#### NEW MEMBER FEE:

\$4.00 for 1 year

\$10.00 for three years

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Address \_\_\_\_\_

Apt No. \_\_\_\_\_

#### RENEWAL FEE:

\$4.00 for one year

\$10.00 for three years

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone number \_\_\_\_\_

AVA Volkssport Associate

Yes / No

E-mail address \_\_\_\_\_

Family members \_\_\_\_\_

Eager to serve as club officer \_\_\_\_\_ committee chair \_\_\_\_\_

Amount submitted \$ \_\_\_\_\_